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VOL. 26, NO. 34

SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 22, 2019

FEBRUARY SUNRISE/SUNSET: 22 6:59 • 6:25 23 6:58 • 6:25 24 6:57 • 6:26 25 6:56 • 6:27 26 6:55 • 6:27 27 6:55 • 6:28 28 6:54 • 6:28

Art League Clothesline Sale

The Sanibel Captiva Art League annual Clothesline Sale will be held on Saturday, March 2 from 9 a.m. to 3 p.m. at The Community House, located at 2173 Periwinkle Way on Sanibel. A popular exhibition of art, this year's sale promises to be filled with energy and color.

Approximately 30 of the islands' most talented artists will be displaying their works. A variety of painting mediums will be featured including watercolor, acrylic, pastel, oil and mixed media. Bargains abound among the framed and unframed works, and there will be plenty of local interest art representing the unique island environment and lifestyle.

While several artists will be set up outside of The Community House, the art league has given up the clotheslines this year in favor of securing more indoor display space. Visitors may wander indoors and out as they admire the work and make their selections. Meet the artists, experience their diverse



Artwork by Anita Force Marshall

image provided

styles and take home one or more of these original works.

Parking will be available across the street.✪

Optimist Club Winter Food And Wine Festival

The Sanibel-Captiva Optimist Club 11th annual Winter Wine and Food Festival – Sanibel Uncorked fundraiser will be held on Sunday, March 3 from 1 to 5 p.m. at Lily & Co. Jewelry Gallery. There will be free valet parking.

Distributors of many fine wines will have tasting stations to savor and compare the selections. Craft beers will also be available. Provision and selection of wines and beers is arranged by Calli Johnson of Bailey's General Store.

In addition to the wines and beers, a number of local chefs will demonstrate methods for preparing some of their favorite dishes, with a taste for the onlookers. During the festival, guests will be served hors d'oeuvres, arranged by Chef Karl Hamme of Sanibel Catering Company by Bailey's.

A silent auction with many fine prizes will accompany the tastings. Items such as gourmet wines, jewelry, artwork, hotel



image provided

and golf packages, and sports outings will be offered. Most notable may be an opportunity to bid on dinners prepared and continued on page 6



The dining hall inside The Community House is ready for spaghetti

photo provided

Spaghetti Dinner Returns Saturday

submitted by Tom Sharbaugh

If you are a Sanibel Captiva Kiwanis Club Spaghetti Dinner regular, here is your reminder that this Saturday, February 23 is the day you've been waiting for. If you have never been to the annual spaghetti dinner before, make plans now because you are in for a unique experience.

Each February, the local Kiwanis Club stages this event to raise funds for educational and recreational programs that benefit our island youth. But after

30-plus years in business, the spaghetti dinner has evolved into something more. It is Sanibel's unofficial block party, where friends and neighbors meet up for food and fun.

The festivities take place at The Community House. From 4 to 8 p.m., the Kiwanis Club members serve up a classic Italian feast, with pasta, meatballs, spaghetti sauce, salad and garlic bread, plus wine and soda. And it's all-you-can-eat. Tickets are \$10 in advance or \$11 at the door, and kids under 10 eat free.

Advance tickets can be purchased from Kiwanis Club members or at Bailey's General Store, Bank of the Islands, Sanibel continued on page 30

Sanibel Shell Festival Coming Soon

Shell collecting is the second most popular collecting hobby in the world. Only stamp collectors outnumber shell collectors.

The word "seashells" is synonymous with "Sanibel," and every year shell enthusiasts from around the United States, Canada and as far away as New Zealand, India, Japan and the Caribbean head for the Sanibel Shell Festival to compete in the longest running and most prestigious competitive shell show in the country. Winning an award at this show means you have "reached the top." This year is the 82nd annual Shell Festival, to be held Thursday, Friday and Saturday, March 7, 8 and 9 at The Community House.

Have you ever wondered what a mollusk (a live shell) eats, how they move, protect themselves or reproduce? The answers can be found in the exhibit hall, where continually-playing documentaries filmed on Sanibel explain it all. In the same hall, books, jewelry and shells are for sale. The Authors' Table features local authors who will be on hand throughout the festival for book signings and to talk about their books with visitors.



Award-winning floral arrangement

photo provided

The Community House grounds are continually a bustle of activity. Visitors may have the opportunity to make their own shell flowers or shell animals.

Throughout the winter, volunteers meet at The Community House to sort donated seashells. If you love shells but you don't have the time to look for them on the continued on page 10


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Treasures Galore At Church Bazaar



Linda Bradbury-Danner and Helen Flemington organizing items for the bazaar photo provided

Items have been pouring in for this year's Almost Spring Bazaar, which will be held on Saturday, February 23 from 9 a.m. to 1 p.m. This annual fundraising event at Sanibel Congregational United Church of Christ features an assortment of new and gently used items including furniture and housewares, jewelry and accessories, toys, artwork, silent auction items, sports equipment, bromeliads and books. The congregation's cooks are providing baked goods, casseroles and other delectables.

Barb Cecala, one of the organizers, offered a sampling of the array of items

for sale: a five-foot-tall gun safe, a carved wooden head, jewelry including sterling silver necklaces and amethyst earrings, a pair of Chinese-motif cabinets, a ping-pong table and accessories, and spatterware crocks.

Bazaar proceeds are distributed among local groups that help families. Planning and organizing the bazaar is a year-round effort of SCWIM (Sanibel Congregational Women in Mission).

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call 472-0497 or visit www.sanibelucc.org.



Preschoolers are ready for this year's yard sale photo provided

Yard Sale At Children's Center

The Children's Education Center of the Islands (CECI) is holding its annual yard sale on Saturday, February 23 from 8 a.m. to noon. This multi-family sale will feature many gently-loved items, including children's and adult's clothing, toys, bicycles, books, furniture, baby gear and treasures for

grownups.

CECI is a 501(c)3 nonprofit preschool offering full-time and part-time classes for children ages 12 months to 5 years. The preschool is still accepting applications for the 2018-19 school year, as well as for enrolling for the 2019-20 school year. Summer camps are also offered. Scholarships are available on a limited basis. For more information, call Cindy DeCosta at 472-4538 or email cindy@childrenseducationcenter.com.



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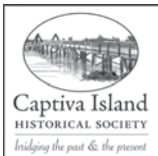
The Brainerds, pre-1940

photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society

Looking Back: The Brainerd Family

This week's image depicts Hattie Brainerd, at left, with her daughter-in-law Mae Brainerd, along with her children.



The History Gallery, developed by the Captiva Island Historical Society, features many photos

like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. Call 533-4890 for information.

Visit the Captiva Island Historical Society website www.captivaislandhistoricalsociety.org/archives/research to view many more images to bring you closer to Captiva.✱

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Alan Lessack. www.batyam.org, 2050 Periwinkle Way, 579-0296.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday evening meeting 7:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Daryl Donovan, Senior Pastor Sunday Worship 8, 9 and 11 a.m. Traditional in historic Chapel, 8 a.m. Contemporary and childrens church in the main sanctuary,

9 a.m. Traditional in the main sanctuary, 11 a.m. Childcare available at all services. 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. 7:45 a.m. Chapel Service, 9 a.m. Blended Worship Service, 11 a.m. Traditional Worship Service. Sunday School and nursery care at 9 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday Mass through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 8 and 10:30 a.m. Sunday School 10:30 a.m. (until May 20). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. Prayer and Potluck first Wednesdays 6 p.m. Taizé Service third Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.✱



Sanibel Historical Village

Sanibel Historical Village presents a Twilight Talk

Wednesday, March 13, 2019 • 7:00 - 8:30 p.m.
The Sanibel Community House

Complimentary wine and light refreshments.

If you like the Jeopardy! game on TV, you'll love the way the game is going to be played on Sanibel. Using the Jeopardy! game format with local residents as contestants, you'll discover a treasure trove of historical information about this island.

Cost \$10 per person. Call Emilie Alfino at 472-4648 for tickets.



Community House

Literary Lunchbox Series

MacIntosh Books will host Jonathon F. Putnam, a best-selling historical mystery author, to discuss his series about Lincoln and Speedy on Monday, February 25 at 11 a.m. Cost is \$35 and includes lunch and a copy of *Final Resting Place*.

Cello And Guitar Duo

Celloist Ian Maskin will partner with Miami-based guitarist Michael Gonzalez on Monday, February 25 for an evening of music that spans a wide variety of musical genres including jazz, blues, flamenco, rock, R&B and world music. The concert begins at 7 p.m. Cost is \$35.

Speaker Series

The Sanibel Captiva Trust Company will host speaker Craig R. Hersch, PA, on Why Selecting a Trustee Matters on Tuesday, February 26 at 9:30 a.m. Reservations are required. Call Frances Steger at 472-8300.

Community Social

The next community social will be held on Wednesday, February 27. A seafood buffet will be open from 6 to 8 p.m. Cost is \$15; additional \$5 for the sundae bar. Tickets are available at Bailey's General Store and The Community House.

Kids Cooking

Young chefs are invited to work alongside Chef Jarred Harris and cook up a Caribbean feast on Friday, March 1



Chef Jarred Harris photos provided
from 2:30 to 5:30 p.m. Cost is \$50 per child.

Cooking With Chef Jarred

Chef Jarred Harris will lead a vegetarian cooking demonstration on Thursday, March 12 from 10 a.m. to noon. Cost is \$50 for members and \$60 for guests.

Dine and Design Workshop

Discover the Wonderful World of Window Treatments with the design team from Decorating Den Interiors on Monday, March 18 from noon to 2 p.m. The presentation will begin after lunch, prepared by Chef Jarred Harris. Cost is \$30 and reservations are required by March 11.



Kids cooking classes with Chef Jarred Harris are held on the first Monday of each month

Yoga Classes

Yoga for all levels with Barbara Cline is held on Mondays and Thursdays at 8:30 a.m.

On Tuesdays, Vinyasa yoga with Susan Pataky begins at 10 a.m.

Sanibel Yoga for all levels is held at 10 a.m. on Thursdays with Susan Pataky.

Sanibel Yoga Chi (gentle) is held at 11:15 a.m. on Tuesdays and Thursdays with Susan Pataky.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but

children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Honey For Sale

Locally harvested honey is for sale, as well as chutneys and other products made by Executive Chef Jarred Harris.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✱

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Ark Shells Needed For Village Display

The Sanibel Historical Village is asking people to collect ark shells for a display it is planning about Clarence Rutland, the owner of the village's first home. He sold ark shells to Thomas Edison to use for the paths between the houses on Edison's estate. The cost was 50 cents for 60 pounds. When the shells became scarce, Rutland raised the price to \$1, and Edison said that was too pricey and stopped buying.

"We want to set up a display showcasing Clarence Rutland and the many things he did during his life on Sanibel," said Executive Director Emilie Alfino. "We are so taken with the story of the ark shells, we decided to design a display to illustrate Uncle Clarence's ingenuity. We're asking the people of Sanibel – residents, snowbirds and tourists alike – to help us out by collecting ark shells and delivering them to the Historical Village."

Rutland had an interesting history and was known as a "jack of all trades" during his years on Sanibel. Reviewing his life, it's easy to see why he got that nickname.

Rutland's father, Othman Rutland, came from County Rutland in central England in 1882 and worked in the citrus groves in Apopka, Florida. He had three daughters and two sons. After the "Big Freeze" in 1895-96, Rutland moved to Sanibel and worked as a sharecropper for



Assortment of ark shells

Laetitia Nutt growing tomatoes. There was no homesteading land available on Sanibel at that time.

Rutland quit school after third grade, and at age 14 left home and worked around Florida picking fruit and vegetables. Back on Sanibel, his house cost \$800 to build; he paid \$1,800 for it with a loan from Frank Bailey. Rutland used to joke that he bought the house at the end of World War I and paid it off in World War II.

He became known throughout the

island as "Uncle Clarence," which he is often still called today. Mail addressed only to Uncle Clarence was properly delivered.

Rutland farmed key lime trees and in 1939 started collecting coconuts to grow. One volunteer doing research for this project read that Rutland brought in the coconuts from Cuba. Rutland estimated by 1974 he had sold 40,000 coconut trees. In the 1920s, he tried selling real estate – until he went broke. He was a fishing guide for many years.

photo provided

Rutland died on January 17, 1982 at age 91.

Bring your ark shells to the Sanibel Historical Village any time between 10 a.m. and 4 p.m. Tuesday through Saturday. The village is located at 950 Dunlop Road (next to BIG ARTS). For more information, visit www.sanibelmuseum.org or call 472-4648.✱

From page 1

Optimists Club

served in your own homes by several of the chefs present.

Tickets are available at Bailey's General Store, Sanibel Captiva Community Bank, Sanibel Café, at the door and from members of the Optimist Club. Donation tickets are priced at \$30, or \$25 for designated drivers. Each paid guest receives a commemorative wine glass. A 50/50 raffle will also be available.

Corporate or individual sponsorships are still available: \$100 per table sponsor, \$250 for safety officer, \$500 for catering and \$1,000 for student enrichment. Items and services are still being accepted for the auction.

Contributors will be recognized for their community support as well as receiving free entry to the festival; free valet parking included.

For more information, contact Stan Howard at 472-0836, Richard McCurry at 292-4631 or e-mail info@sancapoptimist.org.

Lily & Co. Jewelry Gallery is located at 520 Tarpon Bay Road (across from Bailey's General Store) on Sanibel.✱



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Gerri and Dan Perkins photos provided

Guests View Documentary On History Of Lodging

Sanibel Historical Museum & Village and the Captiva Island Historical Society recently partnered to co-produce a full length documentary, *Be Our Guest: The History of Lodging on*



Jan Symroski and Ginny Darby

Sanibel & Captiva. The approximately 45-minute screening was presented to a sold out crowd at The Community House. "A lot of people wanted to attend who couldn't because we sold out so quickly," said Historical Village Executive Director Emilie Alfino. "I'm sure we'll be doing an encore sometime in the future." The Captiva Island Historical Society will present the documentary again on



Nancy Riley and Jewel Jensen

Monday, April 8 at 5:30 p.m. in the Captiva Civic Center. The full-length documentary takes a closer look at historic accommodations, from rooming houses to resorts. More than 17 island icons are interviewed in the film. Ellen O'Neil of the Sanibel Historical Museum & Village and Tom Libonate of the Captiva Island Historical Society welcomed the audience and introduced the film. Following the



Tom Libonate and Queenie Viglione

viewing, the documentary's director and producer, Ken Sneed, along with a number of the people interviewed in the film, came forward to answer questions from the audience. DVD copies of the documentary are available from both the Sanibel Historical Museum & Village and the Captiva Island Historical Society. For more information, visit www.sanibelmuseum.org or call 472-4648.✱



From left, Nanette Laurion with Alan and Edina Lessack



From left, Jean and Ralph Woodring with Dave Jensen

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City Of Sanibel Vegetation Committee

Are You Firewise?

Fire is a natural process in Florida. Historically, natural fires ignited by lightning occur most often in the spring and summer. However, fires are possible in any month of the year. Lee County is currently experiencing moderate to severe drought conditions and on Sanibel, the lush vegetation is quickly becoming tinder-dry, therefore increasing the risk of wildfires.

Fortunately, the City of Sanibel and its partners have an active wildfire reduction program where dried vegetation or "fuel" is reduced through the practice of prescribed burning. This tool reduces fuel loads by purposely burning dead vegetation through controlled burning techniques to minimize fuel buildup before it becomes a problem. This lessens the intensity of a wildfire if it were to occur.

The rainy season is right around the corner, but so is the height of the Florida fire season. Historically, native Florida habitats are prone to wildfires ignited by lightning produced by the first few weeks of afternoon storms in the late spring to early summer before naturally wet areas are inundated. It is important to protect and prepare your yard and home from fire as you would for hurricanes.

Some key things to do:

Clean dead vegetative debris from around your yard.

Keep pine straw away from the foundation of your house. Consider mulch as an alternative.

Do not allow palms or palmetto to grow close to your house and keep dry fronds trimmed.

Use plants that are fire resistant when planting within 30 feet of the house.

Remove all debris, such as dead leaves and twigs, from gutters.

Prune trees so that the lowest branches are six to 10 feet from the ground.

Consider shade trees that will create a canopy and increase humidity around the house.

Remove any "ladder fuels," such as vines, that may carry ground fires upward.

Do not allow large groups of highly flammable plants, such as saw palmetto and wax myrtle, to grow near decks or overhangs.

Keep at least 30 feet of defensible space (either turf grass or fire resistant plants) between your home and dense vegetation.

Fire resistant plants have a high moisture content. Also, plants that are low growing, compact, and require less water and maintenance are good choices. Typically, their stems and leaves are not resinous.

Some examples of trees, shrubs and groundcovers that are firewise choices include:

Trees: Jamaica dogwood, sweet bay magnolia, oaks, red maple, sea grape, satin leaf, sweet acacia, green buttonwood, myrsine and Florida privet.

Shrubs: American beautyberry, coontie and wild coffee.

Groundcovers: native ferns, mimosa and gaillardia.

Avoid: wax myrtle, gallberry, yaupon holly, red cedar, saw palmetto and sabal palm.

To learn more about how to be a firewise community, visit the Florida Department of Agriculture and Consumer Services website at www.freshfromflorida.com/Divisions-Offices/Florida-Forest-Service/For-Communities/Firewise-Communities.

To view pictures of these plants or the city's *The Alien Invasion* brochure, visit www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation or contact the city's Natural Resources Department at 472-3700.

To read other vegetation committee

articles in this series, visit www.mysanibel.com/Departments/Natural-Resources.

Members of the City of Sanibel's Vegetation Committee are Sanibel residents appointed by city council for one-year terms. To be considered for appointment, contact the city manager's office at 472-3700.

The Natural Resources Department section of the city's website, www.mysanibel.com, offers information on native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes, and the *Environmental Reference Handbook* prepared by the city's vegetation committee. The committee also offers free native plant tours. For more information, call 472-3700.✱

Top Ten Books

1. *Euphoria* by Lily King
 2. *Next Year in Havana* by Chanel Cleeton
 3. *Where the Crawdads Sing* by Delia Owens
 4. *Paris by the Book* by Liam Callanan
 5. *Behind Closed Doors* by BA Paris
 6. *In the Market for Murder* by Jennifer Schiff
 7. *Our Towns* by James and Deborah Fallows
 8. *Milkman* by Anna Burns
 9. *Great Believers* by Rebecca Makkai
 10. *Final Resting Place* by Jonathan Putnam
- Courtesy MacIntosh Books and Paper.✱

6th Annual Go F.I.S.H.! Celebration

Call-in Bids For Auction Now Being Accepted



Old Hollywood Glamour is the theme for the 6th annual Go F.I.S.H.! Celebration, to be held at **The Sanctuary Golf Club on Sunday, March 3rd, 2019**. Net proceeds of the evening will directly benefit the much-needed and beneficial programs, services and workshops of F.I.S.H., where 93.1% of all donations go toward programming.

The Go F.I.S.H.! Celebration evening includes a live auction, and call-in bids are now being accepted. Please contact Maggi Feiner, F.I.S.H. President & CEO, at 239-770-5823 to place your bid.

The Gasparilla Inn Food & Wine Weekend Package includes 2 rooms/2 nights with welcome reception/dinner; culinary demonstrations and wine tasting events and more

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It is one wildlife misconception corrected in the book *Owls Aren't Wise & Bats Aren't Blind: A Naturalist Debunks Our Favorite Fallacies about Wildlife*.

The author, Warner Shedd, brings two slide presentations to the JN "Ding" Darling National Wildlife Refuge on Sanibel on Friday, March 1 at 10 a.m. and 1 p.m., part of the 2019 "Ding" Darling Friday Lecture series.

A former forester with the Vermont Department of Forests and Parks and area resource specialist with the Vermont Extension Service, Shedd became the New England regional executive for the National Wildlife Federation in 1969 and remained in that position for 20 years. In 1990, he began a writing career and has also published *The Kids Wildlife Book* and numerous articles in national and regional magazines.

Following his lectures, the author will sign copies of his book, which is available for purchase in the Refuge Nature Store, profits from which benefit wildlife and water research and education at "Ding" Darling.

HighTower/Thomas & Swartz Wealth Management sponsors the 11-lecture series with support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The free lectures are held twice each Friday through April 12 at 10 a.m. and 1 p.m. The season's remaining schedule is included. Book signings follow starred (*) programs.

Lectures take place in the admission-free "Ding" Darling Visitor & Education Center. Seating for the lectures is limited and available on a first-come basis. Early arrivals can save their seat and one extra with personal items. Saved seats must be filled 15 minutes before lecture time or they risk reassignment.



Warner Shedd

photo provided

As usual, Wildlife Drive closes on Friday, but visitors are welcome to explore the Visitor & Education Center, Indigo Trail, Bailey Tract and recreational opportunities at Tarpon Bay Explorers, the refuge's official recreation concession located at Tarpon Bay Recreation Area.

Note: Opinions expressed in guest lectures do not necessarily reflect the views of refuge and DDWS management, staff and board of directors.

For more information, call 472-1100 ext. 241 or log on to www.dingdarlingsociety.org/articles/lecture-and-film-series.

March 8 – Yve Morrell, *The Big Year: A First for Women*

March 15 – Jeremy Conrad, *Sea Level Rise: Globally & Locally*

March 22 – Dusty "Wildman" Crum, Robbie and Geoff Roepstorff, Mike Kirkland, *Pythons: The Hunters, the Science*

March 29 – Marine scientist Lauren Blickley, *Drastic Plastic – Turning the Tide on Plastic Pollution*

April 5 – Ornithologist Dr. Jerry Lorenz, *Flamingos & Spoonbills: Pink Canaries in a Coal Mine*

*April 12 – Author Denege Patterson, *Five Islands Never Flooded: A Tour of the Islands of Pine Island Sound, Florida*.*

From page 1

Shell Festival

beach or clean them, head for the Shell Tent. Literally thousands of shells are for sale and prices start at 25 cents. Large, impressive shells and fossils are also for sale.

Next door to the Shell Tent, the Sanibel Shell Crafters can be found selling shell jewelry, mirrors, flower arrangements and "shell critters." The crafters meet every Monday at The Community House throughout the year to make the objects that are sold at the festival.

The Live Tank Exhibit is where The Sanibel School sixth graders shine. For two months prior to the festival, students study about shells and mollusks, the animals that create the shells. If they pass the course test, they have the opportunity to share their knowledge with the visitors while they view multiple aquariums containing live mollusks.

While there is no entrance fee to the festival grounds, a \$5 donation is requested

to attend the inside shell show. Anyone who makes the requested donation will also be granted free admission to the Bailey-Matthews National Shell Museum during the Sanibel Shell Festival, up to a \$15 value.

All the funds raised by the Sanibel-Captiva Shell Club are given in the form of grants to several local marine education and conservation organizations and for scholarship funds at the University of South Florida and Florida Gulf Coast University departments of marine and ecological science. All the funds raised by the outdoor activities go to the maintenance of The Community House.

The Community House is located at 2173 Periwinkle Way on Sanibel. Festival hours are 9 a.m. to 5 p.m. on Thursday and Friday, and 9 a.m. to 4 p.m. on Saturday. For more information, visit <https://sites.google.com/site/sanibelsheelfestival>. To see a video about shell collecting on Sanibel and the shell festival, go to www.facebook.com/earth3r/videos/1943119972667367.*

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Preschoolers Pierce Padgett and Yari Mendez having their in-flight dinner
photos provided

Students Take Off On Imaginary Adventure

Students in the LOGOS youth ministry program at Sanibel Community Church celebrated both Flight Night and Crazy Hair Day last month. The children each received a boarding pass and stood in a security line in order to board their "airplane," destined for Paradise Falls, South America. Their in-flight movie was Disney's *Up*. While watching the movie, "flight attendants" served turkey sandwiches, chips and juice. Fifth grade passengers flew "first-class" and received soda as their beverage of choice with their dinner.

Crazy hair styles were everywhere as the youngsters took part in Crazy Hair in the Air. Blues, bows and beehive styles were popular among the students this year. The students also challenged each other with a paper airplane contest. They designed, folded and flew their airplane in hopes of winning the longest flight award, which is received at the year-end banquet.

The LOGOS leaders had fun guiding the children through a thrilling imaginary adventure of believing they traveled up, up and away.



Students launch their paper airplanes in hopes of winning the longest flight award



Dawson Liebetrau boards the LOGOS plane with blue hair to match his blue shirt

LOGOS meets every Wednesday night from 3:30 to 6:45 p.m. at Sanibel Community Church, located at 1740 Periwinkle Way. If you have a child that



Kirby Padgett shows off her wild locks on Crazy Hair in the Air Night

is pre-k to fifth grade and would like more information about the program, contact Holly Patton-Roark at 472-2684.✱

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Screw pine's strap-like leaves grow in a spiral on the stem photos by Gerri Reaves

Plant Smart

Screw Pine

by Gerri Reaves

Despite the common name, screw pine (*Pandanus utilis*) is not a pine tree. Classified as a monocot, it is more closely related to bananas, palms and grasses than to other trees such as pines.

In the U.S., this native of Madagascar usually grows to about 25 feet tall. It makes a daunting screen or security plant because of the long frond-like, blue-green leaves with reddish spiny edges.

Rosettes of leaves spiral at the top of the stout branches. The coarse leaves are



A stout trunk and prop roots ensure wind resistance

up to a yard long. The leaf scarring that encircles the stems form a pattern that inspires the common name.

The curious above-ground roots give it another name, the walking tree, because of its tendency to spread outward, often growing as wide as high. Those external stilt roots also give it excellent wind resistance and prevent soil erosion.

Spikes of conspicuous fragrant white flowers bloom in winter on the male plant. The female plant produces a pineapple-like fruit justifiably called exotic. Globular and six to 12 inches long, it hangs from a cord-like stem, ripening from green to orange or red.

The many prism-like sections are



The pendulous large pineapple-like fruit is composed of many smaller compressed fruits

not one unified fruit but 100 to 200 compressed fruits. The fruit is eaten by wildlife, and it is also edible for people.

Screw pine prefers sandy well-drained soil and full sun. It adjusts to various soils and has a high salt tolerance and moderate growth rate. Leaf drop can be messy.

This tree is dioecious, meaning that male and female flowers appear on separate plants. Thus, if natural propagation is desired, plant one or more of each sex.

It can be grown as a container plant too.

The species lives up to the term *utilis*



This striped plant is one of hundreds of species of *Pandanus*

in the botanical name, which means useful. The waxy leaves have been used for clothing, mats, baskets and roofing; the wood for tools; and the fruit for food and medicine.

Many species of *Pandanus* exist, some with striped leaves. Not all species produce edible fruit, so exercise caution.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan; *Florida, My Eden* by Frederic B. Stresau; www.floridata.com, <http://hort.ufl.edu>, and www.wisegeek.com.

*Plant Smart explores the diverse flora of South Florida.**

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Spring After School Programs At Sea School

Beginning on March 5, Sanibel Sea School will offer a new, four-week season of After School Science centered on renewable energy. Participants ages 6 to 13 will meet on Tuesday afternoons from 3:30 to 5:30 p.m. to discover through hands-on activities how

clean energy can be harvested from the sun, wind, water and earth.

"We're going to do things like build solar powered cars and harvest energy from waves," said educator Johnny Rader. "There are so many fun ways to explore alternative energy, and I can't wait to set up some great activities for my students to enjoy and learn from."

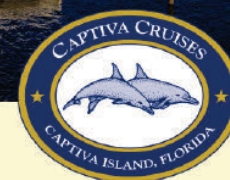
Sessions will be offered on Tuesdays, March 5, 12 and 26 as well as April 2, and the cost is \$20 per student per session. Learn more and register online at www.sanibelseaschool.org/afterschool.*



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Prime Month For Sheepshead Fishing



by Capt.
Matt Mitchell

Even with our water temperatures finally creeping back to 70-plus degrees this week, the best action has still been on sheepshead.

Putting in the extra time to go catch shiners simply has not started to pay off yet, as it seems the fish are just not ready to eat them.

I figured once I had finally had shiners again, I would be able to put my clients on some snook after what has been months of catching sheepshead. After working sheltered deeper shorelines in the middle sound over the weekend, I did get the snook to respond a little bit to chummed live shiners. The snook would pick up a shiner, run with it and then drop it, or more frustratingly, chase it around on the surface just long enough for a seagull to snatch the bait.

It did feel good to be throwing shiners again though, and this bite will fire up with a few more warm days.

During most trips this week, I

have been running north to favorite sheepshead spots and bouncing from dock to dock around the passes. Depending on the direction of the wind and tide, one place seems to set up better than another.

Sheepshead sizes up to 18 inches were a common catch with some of the biggest ones of the week measuring right at the 20-inch mark. The abundance of these fish is refreshing since everyday I've been sending clients home with a ziplock of fresh delicious fillets for dinner.

Most trips, when targeting sheepshead, there is a learning curve to successfully hooking these fish. The bite of these fish is different than any other fish as they nibble and never really inhale the bait.

Getting the feel of when to set the hook only comes with time and practice. I gently lift the rod while feeling them nibble until the rod tip loads. Then, I give a short quick pop to set the hook. Once they are hooked, give them another pop to insure that the hook pierces their hard toothy mouths, and they stay hooked.

Though these fish can be frustrating to catch at first, once you get the hang of it, they are a blast to catch on light tackle.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨



Nick Little with a 18-inch sheepshead caught while fishing with Capt. Matt Mitchell this week photo provided

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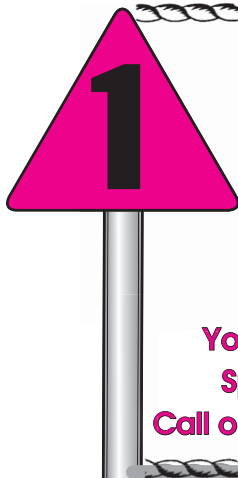


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Dave Doane

CROW Case Of The Week:

Common Grackle

by Bob Petcher



A common grackle (*Quiscalus quiscula*) is a large, lanky blackbird about the size of a mourning dove. At this time of year, grackles are known to forage and roost with many different

species of blackbirds.

At CROW, an adult common grackle was admitted from Estero after it was found stuck to a glue trap. Known as one of the cruelest methods of killing animals, glue traps consist of pieces of cardboard, fiberboard, or plastic coated with a sticky adhesive designed to ensnare any small animal who wanders across or lands on its surface.

Upon admission, veterinary staff worked immediately to remove the bird from the trap. By applying chinchilla dust to the areas stuck to the glue, they were able to carefully free it. The bird had lost its tail feathers while struggling to free itself.

"The grackle lost all of its tail feathers, as well as one of the primary flight feathers on the left wing," said Dr. Robin Bast, CROW staff veterinarian. "These feathers will take weeks and sometimes months to grow back in to the point where the bird has normal flight again.

This means these patients must remain in rehab for an extended period of time."

Multiple sessions using the chinchilla dust were needed to ensure that all of the glue was safely removed from the bird's feathers and beak.

"Chinchilla dust binds with the glue adhesive and allows it to be rolled off of the feathers with gentle manual debridement. This product does not cause further damage to the feathers, and we can avoid having to bathe the bird to remove (possible application of) oil or soap which can result in hypothermia and increased stress to the patient," said Dr. Bast. "Often this requires multiple application sessions for the glue to be completely removed – a single, prolonged session would cause too much stress to the patient and they tolerate frequent, shorter application sessions best. If chinchilla dust is not available, then Dawn soap or vegetable oil are alternative options but are not as ideal."

Veterinarians noted the patient to have some soft-tissue swelling to its left wing. Warm compresses were used to reduce the swelling.

"Often animals stuck in glue traps sustain secondary injuries – soft tissue swelling, wounds, or even fractures – in their struggle to get free," said Dr. Bast. "In this grackle, no fractures were found and it was treated for soft tissue swelling and an abscess (infection) at the tail base.

"Animals that become stuck in glue traps often struggle for hours and sustain severe injuries in the process. If not freed, they will die either from stress,



Patient #19-0350 lost key feathers during its bout with the glue trap

photo by Dr. Kyle Abbott

traumatic injury or starvation, all of which are quite awful ways to perish even for the intended targets of the trap."

The grackle was lucky to be rescued from the trap and not suffer a slow death by starvation or suffocation. It will need time to heal though.

"The glue residue has successfully been removed from the feathers, and the grackle is on pain medications and antibiotics to treat infection and swelling," said Dr. Bast. "It is eating well on its own, and once the course of medications is completed, it will move to an outdoor

enclosure to evaluate its flight capabilities. If it is able to fly well enough, even without tail feathers, to evade predators and survive on its own, it will be cleared for release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Shell Of The Week

Stearns Dove Snail



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

At only 5 mm (0.2 of an inch) in maximum size, *Aesopus stearnsii* Tryon, 1843, is

one of the smallest members of the dove snail family Columbellidae found on the beaches of Southwest Florida. Its shell is relatively slender for the family, with the aperture (opening) spanning about 1/3 to 1/4 of shell length. The shell sculpture shows very narrow, etched spiral lines. The color is cream color, usually with a faint orange-brown band just below the suture (the line separating two whorls). Read more about local Southwest Florida mollusks and their shells at www.shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop by and let us inform and



The Stearns Dove Snail, *Aesopus stearnsii*, from Sanibel

photo by José H. Leal

inspire you. Visit www.shellmuseum.org or call 395-2233.

The Bailey-Matthews National Shell

Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Audubon Bird Walk At Pond Apple Trail



Green heron photo by Sam Huntington

The next Sanibel-Captiva Audubon bird walk will be held on Saturday, February 23 at the Pond Apple Trail. Participants should meet in the Matzaluna parking lot nearest Periwinkle Way at 8 a.m. These bird walks are open to the public and all levels of experience. A \$5 donation is appreciated.

For more information, visit www.san-capaudubon.org.



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- Restricted Visibility
- Distress Signals
- Crossings
- Overtaking & Passing
- Vessel Responsibilities
- Vessel Lights

TIDES AND CURRENTS

1:30 PM - 3:30 PM with John Fridlington

Be secure in our coastal waters with your knowledge of tidal conditions

- Predict the vertical movement of the water
- Safety navigate tow tide
- Deal with mean high and low water
- Use NOAA charts and table

Saturday, March 23

EMERGENCIES ON BOARD

10:00 AM -12 Noon with Dr. Carl Schultz

Be Prepared to Handle Onboard Emergencies

- Medical
- Fires
- Accident Prevention
- Towing
- Getting Lost
- Running Aground

USING VHF & VHF/DSC MARINE RADIO

How to use VHF radio like a Pro

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It's easy to register:

Go to www.sancapboating.club. Scroll to Education & Click on "Our Course Offerings"

Seminars held at the St. Charles Yacht Club, Harbour House, 1500 St. Charles Blvd, Ft. Myers, FL. 33908

USPS & SCYC Members \$35 Non-Member\$ 45. Includes Seminar Brochures and Class Materials

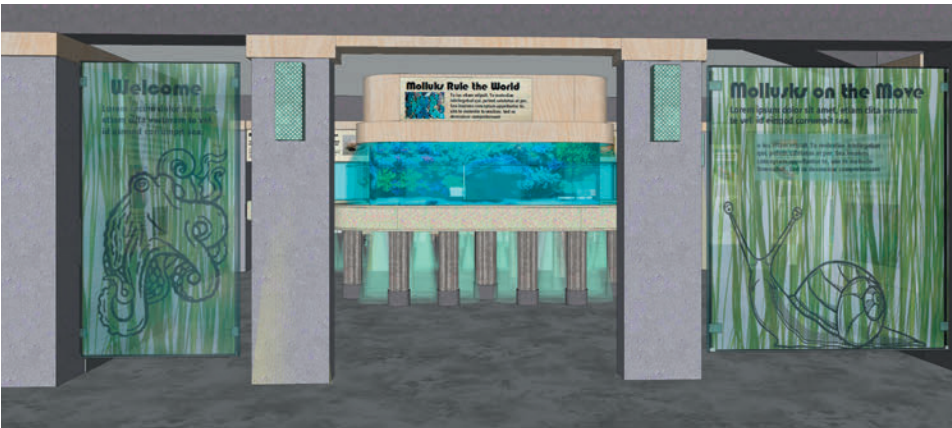


Why Expand?

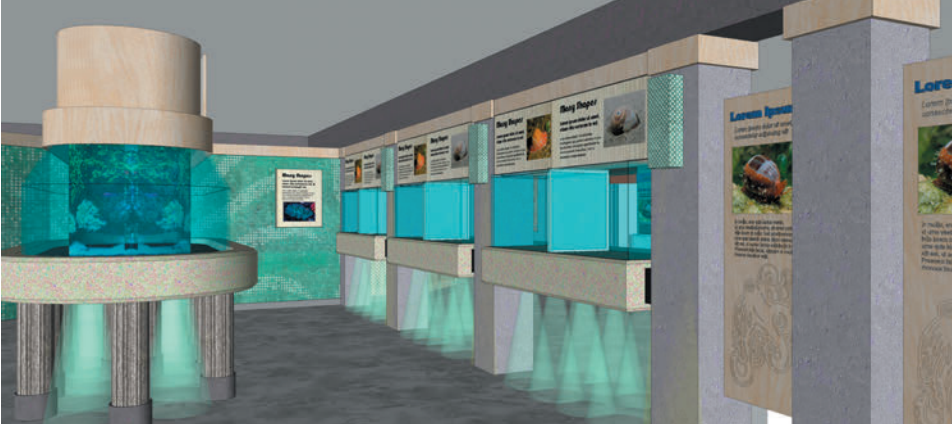
Since 1995, the Bailey-Matthews National Shell Museum has been changing lives by connecting people to the natural world through their love of shells. Every day, Museum visitors view our vast collection of shells, meet the mollusks that create them, and learn more about our ocean's biodiversity. Our visitors will still receive this experience! And now, with the support of our community and volunteers, the Museum is building an aquarium to:

- ELEVATE** awareness of the importance of mollusks.
- ACCELERATE** our impact in education.
- AMPLIFY** our research opportunities.
- EXPAND** our conservation initiatives.

"The first step toward protecting our oceans' biodiversity is to care about the animals within it, and you can't care about them if you don't know they exist," says Dorrie Hipschman, Museum Executive Director. "The Museum's vision is to expand people's love for shells to include a stewardship of the marvelous animals that create the shells. Our goal is to change the way people think about our environment any way that we can—through education on the beach out in nature via our beach walks, at local schools via *Mollusks on the Move* outreach educational van, here at the Museum, and now, by introducing people to a part of the ocean they've never seen before."



INTRODUCING YOUR NEW AQUARIUM



While everything you already know and love about our nationally accredited natural history museum will stay the same, converting our ground floor to an aquarium will enable our visitors to gain an even greater understanding of the importance of these animals and the ocean environment. As shown in the renderings above, when the project is complete you will enter the Museum's doors and immediately see LIFE. You will feel the impact of our ocean's unsung heroes—mollusks. Because Your Museum is ALIVE.

**Renderings subject to change.*

DONOR SPOTLIGHT

Richard Johnson

CAMPAIGN CABINET CHAIR

Interview by Stephanie Muddell,
Bailey-Matthews National Shell
Director of Marketing



From left: Dane, Bailie, Richard, Calli, and Mead Johnson

SM: For almost 24 years the Bailey-Matthews National Shell Museum has drawn visitors to its collection of beautiful shells from around the globe. In the future, how will the aquarium help strengthen the connection between people and the natural world?

RJ: The Bailey-Matthews National Shell Museum and Aquarium will fill the gap that we presently have between shells on the beach and the animals that produce them. Countless visitors to our beaches and our nationally recognized museum will have the opportunity to learn that shells are not just stones on the beach. They are created by live animals, mollusks. They will then be able to carry that message around the world no matter where they call home.

SM: How will the aquarium help our local community? Southwest FL? The Gulf?

RJ: Our local community will benefit as the home for the world’s only museum

and aquarium exclusively for mollusks. Our reputation as an environmental haven for guests on our island will be enhanced. Southwest Florida will benefit from the education and research that will be afforded by the addition of the aquarium dedicated to mollusks. Thousands of visitors to the aquarium will know much more about the waters that surround our island.

SM: The Bailey and Matthews names are an important part of our island history. How does your work on the aquarium project bring those names into the future?

RJ: Well over 100 years ago both the Bailey and Matthews families joined our community. With their arrival, the families began to contribute to our island community. The second generation of the families helped to open the Bailey-Matthews National Shell Museum. The third and fourth generation are now enhancing the museum in order to bring even more to our community.

SM: As a community leader, you’re asked to support many causes. Why is this project particularly important to you?

RJ: As a member of our community representing the third and fourth generation of Bailey’s, I felt a responsibility to the collective members of our families to help with this project. The environmental and educational aspects that the aquarium will bring to the Bailey-Matthews National Shell Museum are well worth the effort to raise the funds required.

SM: I know Mead is trained in Marine Biology. What connection to the water does your family have?

RJ: Mead holds several degrees in the Marine Sciences. As a native daughter of Sanibel Island, she literally grew up on the water. Mead has shared her love for the ocean and marine life with our family. Our children all have grown up as water babies. We even have two mermaids as daughters. Living on the St. Johns River our children’s car seats pulled double duty. They were also used as “boat seats” while our children were young and on the water.

Our son Dane, on his 18th birthday, received his Captains License. In addition, he is the President of the FGCU Fishing Club and has taken the club to award-winning status and popularity on campus. Our daughter Calli is an avid scuba diver. She has multiple diving licenses. She is also a dive instructor having taught classes at The University of Florida and at The Sanibel Recreation Center. Bailie is an avid beachgoer and shell collector spending as much time as she can practicing “The Sanibel Stoop”. She is still in search of a whole Junonia Shell. Our entire family is

engaged in the drive for water quality and responsible water management in our state.

SM: What is most important to you?

RJ: That Sanibel Island continues to be a world leader in environmental knowledge and set the pace for others to follow with the addition of our aquarium feature at the Bailey-Matthews National Shell Museum.

SM: The Museum believes that through its children’s educational programs, we truly can change the world! Why is it important that children learn at an early age how humans can positively impact the environment and protect our oceans?

RJ: I can’t overestimate the importance of the museum’s children’s education programs. This has been one of the programs our family has supported since its inception.

SM: Protecting the ocean’s biodiversity is a global initiative. Can we really make a difference on a local scale?

RJ: I have been challenged on this topic several times over the past few months. My response is always a quick, yes! If we all do not take up the responsibility of changing the world then we are all doomed to live with the results of our lack of action. If we do not do this, who will? It is our responsibility to leave the world a better place, locally, nationally and worldwide.

SM: The Museum has raised 60% of its provisional goal. How can people help the Museum meet the remaining need?

RJ: This is a project that our community deserves. There is no better place to host the world’s first national aquarium dedicated to living mollusks than the world famous shelling beaches of Sanibel and Captiva.

I personally want to thank each and every one of our Capital Campaign Donors who have pulled together to get us to this point. Many of them contributed at a level they have never given before. Others reached into their financial reserves to make a significant mark on our campaign. The entire Board of Directors, the Campaign Committee and the staff of the Bailey-Matthews National Shell Museum invite you to join them in supporting this transformational change in our museum.

BAILEY-MATTHEWS

NATIONAL SHELL MUSEUM

ShellMuseum.org/alive

3075 Sanibel-Captiva Rd.
Sanibel, Florida 33957
(239) 395-2233

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With your support, Lee County elementary students and visitors from around the world will have a better understanding of our amazing world. Call us today to talk about how you can help:

Dorrie Hipschman, Executive Director, or Melanie Moraga, Assistant Director
(239) 395-2233

We value your contributions and want to ensure that you receive appropriate recognition for your gifts. ALL donors of \$10,000 and higher will be named on our Donor Recognition Wall. In addition, all donors of \$25,000 or more will be recognized in selected areas of the Museum. Opportunities are listed below:

RECOGNITION OPPORTUNITY	AMOUNT	STATUS
PUBLIC SPACES		
Aquarium	\$2,000,000	available
Exterior Plaza	\$1,000,000	available
Ground Floor Lobby	\$1,000,000	RESERVED
Second Floor Atrium	\$250,000	available
Second Floor Auditorium	\$250,000	available
Grand Staircase	\$250,000	available
AQUARIUM GALLERIES		
Gallery #1	\$100,000	RESERVED
Gallery #2	\$100,000	RESERVED
Gallery #3	\$100,000	RESERVED
Gallery #4	\$100,000	RESERVED
Gallery #5	\$100,000	available
Gallery #6	\$100,000	available
AQUARIUMS		
Gallery #3 - Giant Pacific Octopus Tank	\$500,000	available
Gallery #1 - Giant Clam Tank	\$250,000	available
Gallery #4 - Touch Tank - Warm Water	\$250,000	available
Gallery #5 - Touch Tank - Cold Water	\$250,000	available
Gallery #3 - Pop Up Tank - Oysters	\$100,000	RESERVED
Gallery #3 - Nautilus Tank	\$100,000	RESERVED
Gallery #2 - Tank #1	\$100,000	RESERVED
Gallery #2 - Tank #2	\$100,000	available
Gallery #1 - Jewel Tank/Artifacts	\$100,000	RESERVED
Gallery #1 - Jewel Tank/Artifacts	\$100,000	available
Gallery #1 - Jewel Tank/Artifacts	\$100,000	RESERVED
OTHER NAMING OPPORTUNITIES		
Aquarium Bench #1	\$25,000	RESERVED
Aquarium Bench #2	\$25,000	RESERVED
Aquarium Bench #3	\$25,000	available
Aquarium Bench #4	\$25,000	available

All donations, large and small, are most appreciated. All pledges over \$25,000 may be paid over a four-year period. All recognition opportunities are available until reserved by a donor with a signed pledge.

YOUR MUSEUM COMES **ALIVE!**

ANIMAL SPOTLIGHT

Giant Pacific Octopus (*Enteroctopus dofleini*)

BY REBECCA MENSCH, BAILEY-MATTHEWS NATIONAL SHELL MUSEUM MARINE BIOLOGIST

The Giant Pacific Octopus (GPO), pictured here in its natural environment, is a mollusk, and therefore related to scallops, oysters, snails, and slugs, though it has lost its shell through millions of years of evolution. As its name implies, the GPO is one of the largest species of octopus on the planet, and is found in the cold waters of the northern Pacific Ocean. The GPO has a lifespan of 3-5 years in the wild, which is considerably longer than most other octopus species. They are predators, primarily hunting crustaceans (crabs) and bivalves (mussels and clams). Like all octopuses, GPOs have eight arms, no tentacles, three hearts, and blue, copper-based blood.



BAILEY-MATTHEWS
**NATIONAL
SHELL
MUSEUM**

ShellMuseum.org/alive

Sea School To Offer Programs On Sea Level Rise

Sanibel Sea School will launch a new season of learning opportunities for adults in March. Part of the organization's SX3 Lifers series, which is designed to educate participants about timely, locally relevant topics in a fun setting, the theme for spring 2019 will be Sea Level Rise.

The first event will be a screening of the documentary *Before The Flood*, to be held at Sanibel Sea School's flagship campus at 455 Periwinkle Way beginning at 5 p.m. on Friday, March 1.

Presented by *National Geographic*, this film features Leonardo DiCaprio on his journey as a United Nations Messenger of Peace, traveling to five continents and the Arctic to witness climate change firsthand. Viewers will learn how they can take action as individuals. The screening will be followed by a discussion. There is no admission charge and walk-ins are welcome, but donations are appreciated.

Additional offerings for adults include guest speakers, social events and field trips. Sanibel Sea School will also offer a birding course, a Red Cross First Aid certification course, and a chance to learn about harmful algal blooms from Dr. Bruce Neill, the nonprofit's executive director.

To learn more and register, visit www.sanibelseaschool.org or call 472-8585.*



Sanibel Sea School will offer a variety of learning opportunities for adults this spring

photo provided

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Our popular game show returns for a second season with fresh new questions, surprising facts, and lots of laughs!

Monday, March 18, 2019

5:30-6:00pm

Complimentary Refreshments, Cash Bar

6:00pm

The Program

**Captiva Civic Center,
11550 Chapin Lane, Captiva Island**

Free Admission

Limited Seating. Reservations Recommended.

RESERVE NOW

**For tickets visit Eventbrite.com,
or the CIHS website
captivaislandhistoricalsociety.org**

Or call 239-472-2323



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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Saturday. Daily presentations are offered at 11 a.m. and 2 p.m. Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m., and Wednesday, Thursday and Friday at 2 p.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, February 22, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 22, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Friday, February 22, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, February 22, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Saturday, February 23, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Baby Care at CROW (daily presentation).

Wildlife parents are devoted to the care of their young and rarely abandon them, and juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the wildlife hospital and are provided supportive care around the clock until they are old enough to care for themselves.



Saturday, February 23, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Monday, February 25, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, February 25, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Monday, February 25, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, February 26, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, February 26, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife

continued on page 36

Women's Guild Holds Meeting

Now more than 100 members strong, St. Isabel Women's Guild held its monthly meeting on Valentine's Day, February 14, following a morning mass. More than 50 in attendance had treats and later tried their hand at bingo. Proceeds from the bingo games were donated to the Answer Prayer Project, which creates an opportunity for women to share life's hopes and journeys. The Answer Prayer Project is the focus of the group's next meeting on March 21.

If you are a member of St. Isabel Parish and would like to join the guild, contact group president, Annette Hendrick, at 470-9375 or 575-635-1187. ✨



From left, Lyn Kern, Pat Haggerty, Vicki Bundschu, Mary Bahn, Edna Mae Beston, JoAnn McKelvey, Anne Walter, Mary Aufderheide and Catherine Swerdlick
photo provided



SCCF 239/472-2329 www.sccf.org
SCCF Nature Center — 3333 Sanibel-Captiva Road
Bailey Homestead Preserve — 1300 Periwinkle Way
Native Landscapes & Garden Center — 1300 Periwinkle Way — 472-1932

THIS WEEK AT SCCF

Mon-25

WEEDS & SEEDS

Walk part of Bowman's Beach with this group of amateur botanists, armed with a plant list. Walk lasts about two hours. Please bring a hat, water, sun-block, and comfortable enclosed shoes with socks. Meet at the Nature Center at 8:30 a.m. Walks are free but donations to SCCF are welcome.

Wed-27

BOWMAN'S BEACH WALK

Meet your SCCF guide at Bowman's Beach at the foot of the bridge to the beach. Walk towards Blind Pass, exploring the beach habitat, and then head back along the back dune/bayou trail, looking for shorebirds and gopher tortoises. Free to all but you must pay to park. Wednesday,

Thurs-28

TURTLE TRACKS

Sanibel Island had one of the first sea turtle monitoring programs in the country. Learn about the life cycles and habits of the sea turtles that nest on our beaches, SCCF's monitoring activities, and what we are doing to protect them. You can also learn more about the devastating impacts on sea turtles of this past summer's Red Tide, when 204 dead sea turtles washed up on island beaches between July and November. Thursdays at 10 a.m. \$5. Free to members and children.

SHOREBIRDS OF SANIBEL & CAPTIVA

Join SCCF biologists to learn about the shorebird species that nest on our beaches, including snowy plovers, least terns and wilson's plovers. SCCF has been monitoring beach nesting birds on Sanibel since 2002. Learn how you can safely share the beach and help us protect our feathered friends. Thursday, Feb. 28 at 2 p.m. \$5. Free to members and children.

Tues to Thurs

TRAIL WALKS: EXPLORE SANIBEL'S INTERIOR WETLANDS

Sanibel Island is a unique barrier island in Florida because it still has an interior freshwater wetland ecosystem that has not been lost to development. Join us for a guided walk through the interior wetlands and mid-island ridges of the Center Tract with discussion of native habitats, natural and cultural history and preservation efforts. Guided trail walks offered Tuesday through Thursday at 11 a.m. Meet at the Nature Center and proceed to the trails. \$5. Free to members and children.

SCCF at Work



Florida Mottled Ducks in a mowed-out swale.

Florida Mottled Ducks are seen using a freshly mowed out swale. This previously overgrown swale, that could not be burned the last two years due to unfavorable weather conditions, is once again functional, mostly due to mowing by SCCF Land Conservation Steward Victor Young.

**Learn the latest on water issues
from SCCF and the Everglades Foundation
Thursday, Feb. 28 at 7 p.m.**

Doors open 6:30 p.m. at the Sanibel Community House. Program is free. Info: 472-2329.

**Programs meet at the Nature Center,
3333 Sanibel-Captiva Rd,
unless otherwise noted.**



Wild Turkey Salad

3 cups cooked wild turkey meat, diced or shredded
 ½ cup bell pepper, diced small
 ½ cup carrots, grated
 2 scallions, chopped
 1 teaspoon fresh ginger, minced
 1 tablespoon fresh cilantro (or parsley), finely chopped
 ½ cup mayonnaise
 2 tablespoons low sodium soy sauce
 1 teaspoon toasted sesame oil
 1 teaspoon Sriracha (optional)
 Sea salt and fresh ground pepper, to taste

In a small bowl combine the mayonnaise, soy sauce, toasted sesame oil, fresh ginger and sriracha. Season with salt and pepper, set aside. In a large bowl mix together the turkey meat, bell peppers, carrots, and scallions. Add the



Wild Turkey Salad

mayonnaise mixture and stir to combine. Sprinkle with fresh cilantro or parsley. Store in refrigerator until ready to serve.

photo courtesy Fresh From Florida

Serve over your choice of salad greens, such as arugula or spinach.✱

LIVE ON THE ISLANDS

Il Cielo has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday.

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvilla Marzan. Dusk performs on Saturday. Mike Arnone plays on Sunday and Monday. Woody Brubaker plays on Tuesday. Dusk performs on Wednesday. On Thursday, it's Woody Brubaker and Barbara Dexter.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.✱

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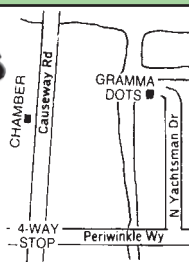
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Learn About Man's Journey With Seabirds

Adam DiNuovo, Shorebird Monitoring and Stewardship Program manager for Audubon Florida, will speak on Thursday, February 21 at 7:30 p.m. at The Community House. This will be the last presentation of the 2019 Sanibel-Captiva Audubon Lecture Series. DiNuovo will discuss his unique experiences conducting seabird research, from Atlantic puffins in Maine to black skimmers in Southwest Florida.

Using his wealth of knowledge and experience, DiNuovo will visually enlighten attendees on the lifestyles and the perils facing many of North America's shorebirds and seabirds. He has been the Shorebird Monitoring and Stewardship Program manager for Audubon Florida since April 2015. In prior positions over the past 17 years, he has worked on seabird and shorebird research projects from coast to coast. They have included American Oystercatchers in South Carolina, Atlantic Puffins and Arctic Terns in



Adam DiNuovo photos provided
Maine and the affects of the Deepwater Horizon oil spill on piping plovers in the Gulf of Mexico.

Prior to his arrival in Florida, DiNuovo was the research coordinator for the California Least Tern and Western Snowy Plover Program at



Snowy plover pair

San Diego Zoo's Global Institute for Conservation Research and the sanctuary manager for National Audubon's Project Puffin in Maine.

The Community House is located at 2173 Periwinkle Way on Sanibel. As always, all are welcome to attend. Doors open at 6:30 p.m., and parking is available at The Community House and across the street in the BIG ARTS Strauss Theater parking area. A \$10 donation per attendee is appreciated, with proceeds after costs being used to promote conservation on Sanibel and in Florida.

For more information, call Bill Jacobson at 395-1878 or visit www.san-capaudubon.org.

Shell Found



Shannon Petschauer photo by Justin Wilder

Shannon Petschauer, visiting from Woodbury, Minnesota, found a shark's eye while shelling on February 9. "I found this late late morning during low tide at Lighthouse Beach on a sand bar," said Petschauer.



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Oyster with attached pearl
photos by Matt Asen

Rare Find At Local Restaurant

by Jeff Lysiak

You’ve heard the expression “Finding a needle in a haystack,” right? The phrase is used to emphasize a rare or unusual discovery, against staggering odds.

Such is the case of a recent food find here on Sanibel, when Luke Timmons, the oyster bar counterman and “master shucker” at Timbers Restaurant &



Luke Timmons with the rare find

Fish Market, was busy at work on February 1. According to Matt Asen, the restaurant’s owner, Timmons soon experienced something he hadn’t before.

“After shucking literally thousands of oysters over the past couple of years, Luke found one with a pearl inside still attached to the shell,” said Asen. “And that’s only the second one I’ve

ever heard about in my 40 years in the restaurant business.”

Timmons cracked open the Cedar Key oyster to reveal the shiny mollusk gem, which measures nearly one-half inch across.

So how rare is it to find a naturally-produced pearl inside of an oyster shell?

Only one in about 10,000 wild oysters will yield a pearl. Of those, only a small percentage achieve the size, shape and color desirable to the jewelry industry.

Asen plans on displaying the rare oyster/pearl pair at The Timbers, located at 703 Tarpon Bay Road on Sanibel.*

Paddle To Fisherman’s Key



by Kealy McNeal



On Saturday, March 2, Ocean Tribe Outfitters will host a paddle to Fisherman’s Key in San Carlos Bay. Launching at 9:30 a.m. from the north side of Causeway Island A (closest to the toll booth), participants will follow a path around the mangrove island before returning to the launch site. It should take approximately an hour and a half, and I will be leading the excursion.

Fisherman’s Key has a rich history, so we will take a look at the area

and talk about those who inhabited it centuries ago. The key was once inhabited by seasonal fishermen from Cuba, who resided in huts and caught mullet, which they cured and sent home for the Catholic season of Lent. Many interesting artifacts have been found there, along with evidence of trade with the Spanish and the Calusa Indians.

The Ocean Tribe Outfitter’s paddling club organizes a meet-up each month for paddling enthusiasts to enjoy the community of a group paddle, share tips and ideas, and meet new friends to paddle with. Your first club event is free. To join this event, RSVP to oceantribepaddlers@sanibelseaschool.org. Bring your own paddlecraft, or request to borrow a loaner. Arrive 10 to 15 minutes before the launch time, and visit our Facebook page for weather related updates. We will post any schedule changes at least one hour prior to the event.

*Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org or follow on Facebook to learn more.**

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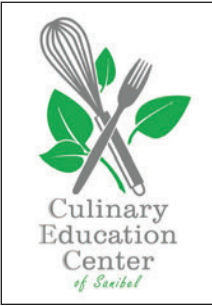
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The Community House

The Lemon



by Resident Chef Jarred Harris

The lemon is an essential ingredient in most home and professional kitchens. Not only are lemons beautiful and smell nice, they are a useful flavoring agent and preservative. Lemon zest is used to flavor sauces, cakes and sweets. Lemon juice is often used to marinate or preserve food and stop the oxidation of fruits like apples, pears, bananas and avocados. Even lemon tree leaves can be used to make tea.

Lemons are native to Asia and technically a berry. The fruit is a hybrid between the sour orange and the citron. It's been around since the first century AD and has been used for both medicinal and culinary purposes. The most common types are the Meyer, Lisbon and Eureka lemons.

The lemon peel contains a phytonutrient called "tangeretin," which has been effective in the treatment of brain disorders such as Parkinson's disease. Lemon juice has powerful antibacterial

properties and has been known to destroy harmful bacteria such as of cholera, diphtheria, typhoid and malaria.

Christopher Columbus brought the first lemon seeds to the Americas around 1493, however, lemons weren't introduced to the U.S. until 1750. The fruit was planted in Florida and California, and major cultivation started in the mid-1800s.

Early explorers took lemons on their voyages to help treat and prevent scurvy. Today, the British Navy requires all ships to carry enough lemons for each sailor to have an ounce of juice a day.

Here is an easy recipe to try:

Frozen Lemon Soufflé
serves 6

Ingredients
8 ozs. ginger snaps (crushed into crumbs)
4 tbsps. butter (melted)
1 ½ cups heavy cream
1 - 11 oz. jar of lemon curd

Method
Combine the ginger snaps and butter in a mixing bowl. Spoon the crumb mixture into the bottoms of 6 (4-oz.) soufflé dishes. Place the cream in a separate bowl and whip until smooth peaks are formed. Add the lemon curd to the whipped cream. Gently fold until combined. Spoon the mix into the soufflé dishes and freeze for at least 4 hours. Allow the soufflés to defrost for 10 minutes in the refrigerator before serving. Garnish with fresh berries and powdered sugar.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or

questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✪

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, February 24 from noon to 8 p.m.



Open Mic Night on Thursday, February 28 will feature local artists Richard McCurry, Jimmy Jensen, Tim Moore, Jeff Welker and Sid Smith. All are welcome to join in the fun from 6 to 10 p.m.

The Auxiliary 123 Sale will be held on March 1, 2 and 3. Hours are 4 to 8 p.m. on Friday and noon to 6 p.m. Saturday and Sunday. There will be treasures galore, Auxiliary Bake Sale on Saturday and Sunday, and a backyard barbecue with pulled pork and bratwurst on Sunday from noon to 8 p.m.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

Every Monday night beginning at 5 p.m., the 8 Ball Pool League is in play.

If you have a flag that needs to be retired, drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✪

Spaghetti Dinner

Captiva Community Bank, Periwinkle Park, Big Red Q Printing and Island Pharmacy.

Following the dinner, festivities continue inside The Community House's Great Hall, where a DJ entertains and dessert and coffee are available. This year, world-famous cakes from The Bubble Room will be featured for the first time. The main action is a raffle, silent auction and live auction, where attendees can compete for a wide range of interesting and unusual items.

The spaghetti dinner is made possible by a long list of sponsors – island businesses and individuals who provide financial support and in-kind donations. This year's primary sponsors are:

Platinum Level – Lee Health Foundation and Il Cielo Restaurant;

Gold Level – Bank of the Islands, Sanibel Captiva Community Bank and Beach UPS Store;

Silver Level – Bailey's General Store, The Sanibel Captiva Trust Company, Sanibel Island Golf Club, Billy's Rentals, Barefoot Charley's Painting Company, The Dunes Golf & Tennis Club, Sanibel Captiva Beach Resorts, The Sanctuary Golf Club, Santiva Chronicle and Island Sun.✪



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Cooking Class Stirs Creativity

by Jeff Lysiak

One of the most popular Valentine's Day traditions at the Sanibel Public Library returned last Thursday morning, with staff member Betsy Eidem delivering her annual cooking class in front of a standing room only crowd.

The hour-long presentation, called Stirring Stories with Betsy, included easy preparation methods for five of Eidem's personal recipes, shopping tips for picking the freshest ingredients and a few interesting foodie facts.

"I try to use a lot of local ingredients – fresh seafood and locally grown vegetables – in my cooking," said Eidem. "The only problem we had this past year was with the seafood, with all of the red tide we had last summer."

Eidem's recipe for Deconstructed Deviled Eggs incorporated only a half dozen ingredients, but produced delicious results. It contained four hard boiled eggs (peeled), a half cup of mayonnaise (she prefers Duke's, since it contains no sugar), one tablespoon of buttermilk, and one teaspoon each of curry powder and honey, plus salt and pepper to taste.

"Mix all the ingredients together and let set in the refrigerator to thicken. Cut the eggs in half, drizzle with sauce and enjoy," she said.

Eidem said that she is often asked what the difference is between an herb and a spice. "I have no definitive answer, although I think that herbs contain leaves. But I do know that pepper is a spice and



Betsy Eidem pouring olive oil into a marinade during her cooking class on February 14 at the Sanibel Public Library

photos by Jeff Lysiak

salt is a mineral."

Other cooking tips shared during the presentation:

To tell if a watermelon is ripe, place a toothpick on top. If it moves slightly, it is ripe.

Papayas contain an enzyme that can be used to tenderize meat.

Most eggs sold in the United States are washed and treated with a chemical, but the process compromises the shell, thus requiring them to be refrigerated. Fresh eggs do not require refrigeration, and can last up to one month on a countertop. However, they should be washed just prior to consuming.

After making two more recipes – Yogurt & Zaatar and Chili Lime Salt – Eidem concluded her lecture by concocting a rum and ginger beer cocktail dubbed Dark & Spicy. "I think I might have one heck of an afternoon!" she joked after taking a sip.

Circulation Manager Wendy Lambrix also mentioned that the library has cooking kits available for people to check out and take home. Called Cooking In The Bag, the concept is similar to checking out books, music or movies, only in this case it's cookware. Patrons can take home a paella or crêpe pan, dip and chip tray, empanada press, sushi making



Following the demonstration, attendees got to sample some of Eidem's recipes

kit and other kitchen implements.

Anyone from the fledgling foodie to a more accomplished culinary artist may find the kits handy, since there is no purchase necessary, and they don't take up storage space in your home kitchen. The library also offers more than 1,000 cookbooks on topics from cookies to cake pops, Florida Cracker to Cuban and Caribbean.

The Cooking In The Bag project is funded as a pilot program with a donation through the Sanibel Public Library Foundation. For more information, visit www.sanlib.org/resources. The library is located at 770 Dunlop Road on Sanibel.✱

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A MOST REMARKABLE FELLA FEBRUARY 28, 7:30 P.M.

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Book Review

Nine Perfect Strangers



by Di Saggau

Could 10 days at a health resort really change you forever? Nine perfect strangers are about to find out. Liane Moriarty's latest book *Nine Perfect Strangers* is full of sustained tension.

After all, she's also the author of the blockbuster hit *Big Little Lies*. *Strangers* is about nine strangers converging on a remote luxury health resort, Tranquillum House, where they're promised not just rejuvenation, but reinvention.

Amid all the luxury and pampering, the mindfulness and meditation, they know these 10 days might involve some real work. But none of them could imagine just how challenging the next 10 days are going to be. Many are unhappy with their physical selves and others are recovering from emotional wounds. The majority arrive alone, with one couple hoping to save their marriage and another with their college-aged daughter in tow.

Frances Welty, the former bestselling romantic novelist, arrives with a bad back and a broken heart. She's immediately intrigued with the charismatic owner of Tranquillum House. Could this person have the answers Frances didn't even know she

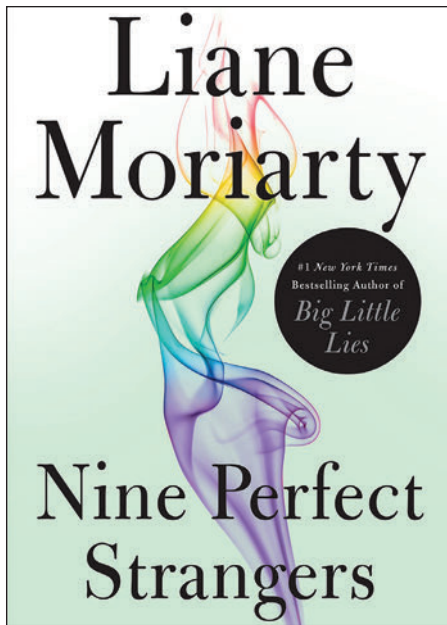


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was seeking? Should she put aside her doubts and immerse herself in everything the place has to offer, or should she run while she still can? It's not long before every guest is asking exactly the same question.

As the staff begins manipulating the guests in truly bizarre ways, the strangers form opinions of the other characters based on their own assumptions, insecurities and vulnerabilities. Alternating narrators usher us through brisk chapters providing glimpses into the inner thoughts of each character. *Nine Perfect Strangers* is wickedly smart, page-turning fiction that will make you laugh and gasp.✱

School Smart



by Shelley M. Greggs, NCSPP

Dear Shelley,
My son is failing Algebra 1. It's awful. We are struggling with homework every night and nothing has worked. He feels so defeated.

The school has already told me that he has to repeat the class in summer school or next school year. What can we do?

Heather B, Fort Myers

Heather,

You are not alone in your struggle with Algebra. Algebra is one of the most often repeated courses in U.S. high schools. This is a frustrating situation for schools, teachers, parents and most of all students. It's a very negative situation.

Kids will ask, "Why do I have to take this stupid subject?" Algebra teaches us some powerful thinking skills and serves as a building block for more advanced math like calculus or statistics. It helps us solve simple and complex problems, like personal finance, that arise in daily life. Algebra helps us to become critical consumers and better, more informed citizens. It teaches us to be able to understand the math done by others, such as journalists or politicians, that is so important in making informed decisions.

A growing body of research has shown that when you make a teenager take the same algebra class again, it doesn't help much. Repetition alone is rarely effective and sometimes harmful. Yet in most schools, there is not an option to do anything else than retake the class with the same book and same curriculum.

What needs to happen is that your son's underlying learning issues or missing math foundations need

to be identified and remediated. If your son did well in math prior to algebra, he probably has a satisfactory understanding of basic math concepts and somehow got lost in the sequential progression of learning Algebra. If he has always struggled in math, his difficulties may go much deeper. He may not have mastered basic math concepts in elementary school and does not have the foundation to move on to Algebra. The question is then who will assess your son, determine where the math deficits exist and create a remediation plan?

Speaking with your son's math teacher or counselor is a good first step. Find out what the teacher thinks. Has s/he seen some successes or is s/he concerned that there are basic math skills deficits? If so, you may want to ask about what help the school can provide to identify the deficits. You may also consider hiring a tutor to work with your son.

You might also want to consider a computer-based program for remediation. There are some great programs now available that not only provide remediation but also can identify the specific math deficits your son demonstrates. These programs typically introduce one skill at a time and do not allow the student to move forward until they have mastered the skill. To find out more about these programs, visit www.dycalculia.org. Another website that provides a list of algebra apps and reviews for each one is www.common sense.org/education/top-picks/awesome-algebra-apps-and-websites.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

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Native Vegetation Tours At City Hall

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. The next tour will be held on Saturday, February 23. Guided tours begin at 10 a.m. at the bottom of the main staircase.

Upcoming tour dates include Wednesday, March 13 and Saturday, March 23; Wednesday, April 10 and Saturday, April 27.

Walk the grounds for ideas on planting native vegetation that requires no fertilizer. See how you can plant a garden that reseeds itself with very little maintenance, is good for the environment and will attract birds and butterflies.

Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires very little maintenance, no



Great white egret photo provided

fertilizer and no supplemental irrigation.

Registration is not required.

Sanibel City Hall is located at 800 Dunlop Road. For more information, contact the city's Natural Resources Department at san.dnr@mysanibel.com or call 472-3700. ✨

Learn The Local Waters With Boating Course

The Sanibel Captiva Sail and Power Squadron will teach America's Boating Course in March at the Sanibel Public Library. The course covers basic boat operation and safety with an emphasis on boating the local waters around Sanibel and Captiva.

Completion of the class and passing a simple exam qualifies students to receive the Boating Safety Education ID Card from the state of Florida. This ID card satisfies state of Florida education requirements for operating boats in Florida waters.

The class will be taught in two sessions, on March 20 from 6:30 to 9:30 p.m. and on March 30 from 10 a.m. to 4 p.m.

Students need to attend both sessions and complete homework between sessions for successful class graduation. The class is designed for those new to boating as well as experienced boaters who would like to strengthen their boating skills. The class uses the *America's Boating Course* textbook published by the United States Power Squadron.

Senior, highly experienced instructors present the class material using lectures, demonstrations, discussions and navigation charts of the local waterways. The cost of the class and the text is \$45. Students must preregister for the class no later than March 18. Class size is limited to 20 students and early registration is advised.

Students obtain their copy of the *America's Boating Course* text and pay the \$45 class fee at the March 20

session. The text is reviewed in detail at the March 30 session. Among the subjects and topics reviewed are:

U.S. Coast Guard required safety equipment;

Basic boat handling under way and docking;

Navigation rules, right of way;

Navigation aids and channel markers;

Basic navigation, charts and GPS

operation;

Anchoring in deep water and on the beach;

VHF Radio operation;

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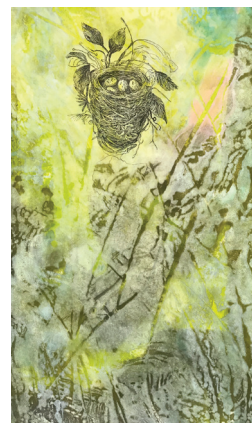
Unique characteristics of local area boating.

Students are introduced to boating the local waters by studying navigation charts for Pine Island Sound, San Carlos Bay and the Caloosahatchee. Important destinations, channels and waterways are reviewed and advice for confidently boating in local waters is discussed. The class format is informal with opportunities for questions and discussion. No advance knowledge of boating is needed for successful student completion of the class. The class is appropriate for those who may not own a boat but want to learn about boating in the waters that surround Fort Myers, Sanibel and Captiva, for new boat owners and for experienced boaters who want to learn about boating in these unique local waterways.

For more information, contact class lead instructor Bob Orr at 579-0139 or email robert.orr1663@comcast.net. To register, students go to www.sancapboating.club. Click on Education, click on Here, then Locate and a list of ABC courses will appear. Select the March 20 class, click on the "Here" button and the registration form will appear. Complete the registration form and click on the "Submit" button at the bottom of the form. ✨

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BIG ARTS Monday Night Film Series

Three Identical Strangers

by Di Saggau

The BIG ARTS Monday Night Movie



for February 25 is *Three Identical Strangers*, an engrossing and enraging documentary about triplets, who – after being adopted separately at birth – were reunited by happenstance. Director Tim Wardle turns their mysterious history into a reverse detective story. He begins with the reunion of the brothers and then moves back and forth telling their story of separation and eventual media limelight.

It's best not to reveal all the specifics of what is learned in this movie because you will want to find out by watching. Through archival imagery and numerous interviews, Wardle brings you into this grabber of a story. I will say this. It all begins in 1980, when 19-year-old Robert Shafran arrives at Sullivan County Community College in New York for his freshman year. He is surprised to be so warmly welcomed with claps on the back and some girls even kissing him, and everyone calling him Eddy. He soon meets Eddy Galland, his double. The story grows as the two brothers meet another look-alike and the twins are now triplets.

In a 1980 article in *The New York Times* about the men, one of their



image provided

mothers said, “They talk the same, they laugh the same, they hold their cigarettes the same.” A Jewish adoption agency has much to explain. Nothing is easy or obvious about their stories, which grow darker and more disturbing as the film develops into a shocker. Wardle fits all the pieces together about prideful doctors and their unprincipled enablers who played with human lives in the name of science. The film runs 96 minutes. The moderator for the evening is Lee Geltman. Admission to BIG ARTS Monday

Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion.

BIG ARTS is located at 900 Dunlop Road. Tickets are available at www.bigarts.org, at the door or by calling 395-0900.*

BIG ARTS Corner

Workshops And Seminars

BIG ARTS is offering the following workshops and seminars:

Paint Seascapes in Oil with Douglas David – Tuesday and Wednesday, February 26 and 27, 9:30 a.m. to 3:30 p.m.

HD LIVE at the Met Lecture on *La Fille du Regiment* with Tom Cimarusti – Friday, February 28, 1 to 3 p.m.

Acrylics for Beginners & Intermediate Painters with Jane Hudson – Fridays, March 1 to 22, 9:15 to 11:45 a.m.

Intermediate Tap with Bobby Logue – Fridays, March 1 to 22, 9 to 10:30 a.m.

Life Drawing, Open Studio, Non-Instructed with Carol Rosenberg – Fridays, March 1 to 22, 9:30 a.m. to noon or 12:15 to 2:45 p.m.

Instructed Life Drawing with Francesco Gillia – Mondays, March 4 to 25, 9:30 a.m. to noon.

Portrait Drawing/Painting with Mary

Klunk – Mondays, March 4 to 25, 9:30 a.m. to noon.

Pastel Painting with Mary Klunk – Mondays, March 4 to 25, 1 to 3:30 p.m.

Drawing Basics with Douglas David – Tuesday, March 5, 9:30 a.m. to 3:30 p.m.

Intermediate Acrylic Painting Techniques with Nancy Tome – Tuesdays, March 5 to 26, 1 to 4 p.m.

Adult Tap with Bobby Logue – Tuesdays, March 5 to 26, 12:30 to 2 p.m.

Beginner Tap with Bobby Logue – Tuesdays, March 5 to 26, 2:15 to 3:15 p.m.

Creating with Polymer Clay with Martha Grattan – Tuesday, March 5, 4 to 6 p.m.

Adobe Lightroom with Denny Souers – Tuesdays, March 5 to 26, 1 to 4 p.m.

The Roosevelts with James Rudin – Wednesdays, March 6 to 20, 9:30 to 11 a.m.

Step by Step Acrylic Painting with Marjorie Bronsted – Wednesdays, March 6 to 27, 1 to 3 p.m.

Experimental Mixed Media with Bea Pappas – Wednesdays, March 6 to 27, 9:30 a.m. to 4 p.m.

Glass Fusing with Petra Kaiser – Wednesdays, March 6 to 27, 9:30 a.m. to 12:30 p.m.

Beginner Watercolors with Pen and Ink with Linda Benson – Thursdays and Fridays, March 7 to 15, 9 a.m. to noon.

continued on page 38

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Jeanne Raimondi photos provided

Art League Featured Member

Sanibel Captiva Art League member Jeanne Raimondi will be exhibiting her artwork for the month of March at The Community House, located at 2173 Periwinkle Way on Sanibel. An award-winning artist who studied fine and commercial art at Rhode Island College, Raimondi strives to keep her art loose and impressionistic with the use of traditional oils and/or water media. She also finds experimenting with other types



Explosion of Color by Jeanne Raimondi

of mediums very stimulating.

"I prefer oils for plein aire, as I love the richness that the pure oil affords me," said Raimondi. "However, I do use acrylic (many call it 'water media') or mixed media for abstract work because of the drying time. Painting in plein aire outdoors on a sunny day is a source of cheer and happiness for me, but I am equally happy to paint in the studio with artist friends."

The public is invited to see Raimondi's paintings Monday through Friday from 9 a.m. to 3 p.m.

For more information about activities and membership, visit www.sancapart.com.

February Photo Contest Winner

The winner of RS Walsh Landscaping's February photo contest is Laurie Hafener. The theme of the contest was Life in the Mangroves. Submitted photos were posted on the company's Facebook and Instagram pages and at its Sanibel garden center. Visitors to the Facebook and Instagram pages and the garden center were able to vote on their favorites. Hafener's photo received the most votes. She said this was "the perfect place for a time out... Sanibel's mangroves." She will receive a \$50 gift certificate to RS Walsh In The Garden.

Honorable mentions go to Kathryn Brintnall, Mary Carella and Kim Short.

The theme for March is Palms in Black and White. The deadline for entries is March 1. Submissions should

include the photographer's name, phone number, location of the photo and a short story behind the picture. Submissions can be sent via email to inthegarden@rswalsh.com.



Laurie Hafener's winning photograph

photo provided



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EDUCATION: FEBRUARY 26

Gary Chesley (Moderator), Dr. Jim Llorens, FGCU VP for Academic Affairs and Greg Adkins, Superintendent Lee County Schools

"What's Right, What's Wrong, What's Next, and What You Must Know About America's Public School System"

ENVIRONMENT: MARCH 5

Rachel Kangas, Public Archaeology Coordinator, SW Region, Florida Public Archaeology Network

"Our Heritage at Risk: Rising Sea Levels in SW Florida"

HISTORY: MARCH 12

Jim Rudin "Why the Civil War Never Ended"

PERSONAL JOURNEY: MARCH 19

Lynn Povich (Arlene Dillon moderates a discussion with author Lynn Povich)

"Good Girls Revolt." True story of 70's class action suit against Newsweek as portrayed in current Amazon Prime series.

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From page 24

CROW Calendar

in “distress” but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover rescue assessment as well as handling techniques.

Tuesday, February 26, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida’s wildlife, playing an important role in the function of a healthy ecosystem. One of CROW’s animal ambassadors will be present.

Tuesday, February 26, 4:15 p.m., adults: \$10, ages 13 to 17: \$5, ages 12 and under no charge, advance registration recommended (seasonal program) – Speaker Series: Water Quality Issues: Challenges & Solutions presented by J. Bruce Neill, PhD, co-founder and executive director for Sanibel Sea School. Dr. Neill will discuss the biology of

plankton blooms such as red tide and blue-green algae, along with some of the ecological, social and economic implications of local water quality challenges. He will offer his perspective on why more progress has not been made toward solving this problem, and what citizens can do to encourage and support action for cleaner water on state, local and national levels.

Wednesday, February 27, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Wildlife Rescue 101 (daily presentation).

Have you ever come across wildlife in “distress” but did not know the appropriate steps to help? Florida is home to more than 700 terrestrial animals and other invertebrates, and they all depend on sustainable recreational practices to survive. From posturing to vocalizations, animals communicate in a variety of ways and, at times, indicate their need for human assistance. Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover rescue assessment as well as handling techniques.

Wednesday, February 27, 12 to 1:30 p.m., \$35 per person, advance registration required (seasonal program) – Lunch & Learn with Dr. Barron.

Have lunch on the CROW campus with Hospital Director Dr. Heather Barron. Learn about the work at the clinic and how it is vital to Southwest Florida and beyond. Hear wildlife patient stories and end the program with a behind-the-scenes tour of the hospital.

Reservations include a boxed lunch

catered by Sanibel Deli.

Wednesday, February 27, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, February 27, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some people, opossums are a unique member of Florida’s wildlife, playing an important role in the function of a healthy ecosystem. One of CROW’s animal ambassadors will be present.

Thursday, February 28, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, February 28, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles:

Gopher Tortoises (daily presentation). The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW’s presenter explains why they are admitted and how the medical staff treats this species. One of CROW’s animal ambassadors will be present.

Thursday, February 28, 2 to 3:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff (hospital tour).

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, February 28, 2 p.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Species Profile: Snakes of Southwest Florida (daily presentation).

Florida is home to 46 species of native snakes, only six of which are venomous. Although there is a widespread fear and misunderstanding of this animal, most species are harmless to humans and form vital links in the ecosystem. Snakes are extremely valuable because they are efficient at monitoring pest populations without relying on chemical pesticides which can degrade the environment and harm other animal species. One of CROW’s animal ambassadors will be present.✪



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Book Signings At Sanibel Library

Authors Pam Miner and Jared Beck will be at the Sanibel Public Library for a book signing and discussion of their book, *River & Road: Fort Myers Architecture From Craftsman to Modern*, at 2 p.m. on Friday, February 22.

Nancy Hamilton's book, *100 Things to Do in Fort Myers & Sanibel Before You Die*, helps you explore historic and offbeat locales as well as popular destinations. Hamilton's book talk will be held at 2 p.m. on Tuesday, February 26.

Many believe the majority of wild cattle in the Americas are a result of the Spanish introduction and the changes brought on by the environment. In reality, the movements of colonizers, natives and livestock are far more complex with numerous species. Agricultural historian Jeff Dickey will provide an in-depth discussion on Southwest Florida's primary industry during the late 1800s. *Cracker & Criollo: The Origins of Cattle in the Tropic Americas* program will be held at 2 p.m. on Wednesday, February 27.

The full event schedule, which includes technology programs in virtual reality, is on the calendar at the library's website at www.sanlib.org.

Stop by the library this month to see works by Periwinkle Carvers Club.

Weekly Children's Schedule:

Geared specifically for children in fourth through sixth grade, the After-school Clique will meet on Tuesdays at 3 p.m.



Jeff Dickey

photo provided

The group will be crafting, building, and playing, with books and a snack.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. This program helps develop pre-reading skills through songs and stories.

The After-School Crew (for children in kindergarten to third grades) will meet at 3 p.m. on Thursdays.

The public is welcome and there is no registration or additional cost required to participate.

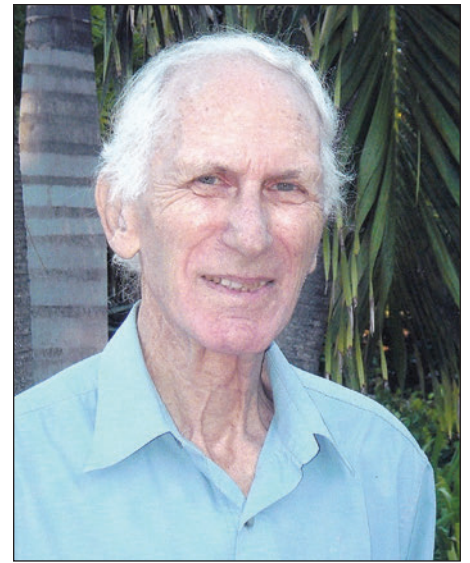
For more information, call 472-2483.✴

Staged Reading By Sanibel Author At Lab Theater

The Laboratory Theater of Florida will host a staged reading of *The Politician*, a new work from Sanibel resident Robert Hilliard, on Monday, February 25 at 7 p.m.

In this one-act satirical fantasy, an egotistical, abrasive American entrepreneur makes a deal with officials of a foreign power to which he owes billions of dollars. The foreign officials propose cancellation of the debt if he runs for and becomes president, expecting that his dictatorial personality and behavior will alienate America's allies and destroy America's standing and credibility in the world. What happens when the theater troupe putting on the play finds it increasingly unbelievable?

Hilliard is a Purple Heart veteran of World War II. He has been a member of Actors Equity Association, a theater director and scene designer, and a New York drama critic. He is also the author of more than 35 books and 20 plays. Some of his plays have been seen at Southwest Florida theaters.



Robert Hilliard

photo provided

Doors open for the one-night staged reading at 6:30 p.m. Tickets are available for advance purchase, but seating is on a first come basis.

Lab Theater is located at 1634 Woodford Avenue in Fort Myers. For tickets, visit www.brownpapertickets.com or call the box office at 218-0481. For more information, visit www.laboratorytheaterflorida.com.✴



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Spotlight On Choreographer At Backstage Talk

Presenter Joe Leonardo will lead the audience on a dance through five Broadway productions bearing the unforgettable stamp of choreographer Jerome Robbins in the second Theater Backstage at BIG ARTS Strauss Theater on Thursday, March 7 at 7:30 p.m.

Why Robbins? "Because he was very, very important to the American musical," Leonardo said.

"In fact, in doing my research on Robbins, I'm more of the mind that he was extremely important to the music of the Golden Age, the period in which he worked."

For Robbins, that period starts with *On The Town*, first staged on Broadway December 28, 1944. Directed by George Abbott with choreography by Robbins, it was also notable for its racially diverse cast, including a Japanese-American dancer, six African-American cast members and before the run was over, a black conductor for the orchestra.

After *On The Town*, which features the iconic song *New York, New York*, Robbins continued to be in the limelight, according to Leonardo – who studied, taught and directed drama for "years and years and years," he said. Among Robbins' many credits are four other groundbreaking shows Leonardo will talk about: *The King and I*, *Fiddler on the Roof*, *West Side Story* and *Gypsy*. Video clips of scenes from the productions will



Jerome Robbins on the set of *West Side Story*

be shown during his presentation.

"He takes such simple ideas and puts them together in such a unique way," Leonardo said. For example, during the song *Getting to Know You* in *The King and I*, schoolteacher Anna is addressing her new pupils in Siam. Robbins' choreography includes numerous riffs on shaking hands and bowing. "We see how a simple thought propels him to find beautiful ways to show it," Leonardo said.

Robbins traveled among the Who's

photo provided

Who of Broadway throughout his career, spanning 1937 until his death in 1998. He won five Tony Awards, Kennedy Center Honors and two Academy Awards, including the 1961 Academy Award for Best Director with Robert Wise for *West Side Story*.

Leonardo's presentation will include Robbins' work in musicals and other genres as well. "People may be wonderfully surprised about what I'm going to touch on," he said. Robbins

choreographed for the New York City Ballet; his own company, Ballets USA; American Ballet Theatre; and other international companies. He was a gifted dancer as well.

Leonardo is the Laura Carnell professor emeritus of theater at Temple University, where he taught for more than 34 years. After graduating from what is now Carnegie Mellon University, he was drafted into the Army, where he was a film editor. He is an accomplished director, having been with numerous national theater tours, productions in Chicago, Washington, DC and off-Broadway.

For more information and to purchase tickets, contact the box office at 395-0900 or visit www.bigarts.org.

From page 34

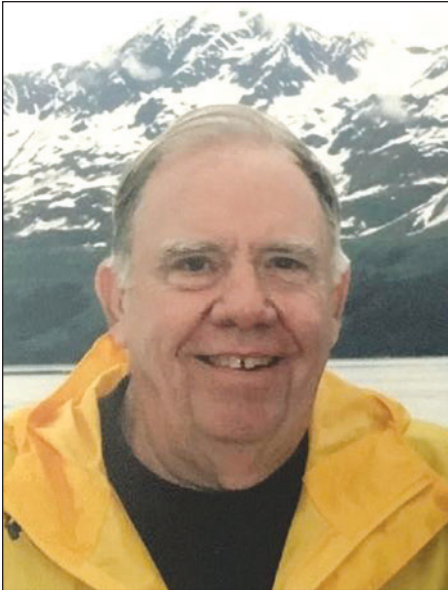
Workshops

Experimental Mixed Media with Bea Pappas – Thursdays, March 7 to 28, 9:30 a.m. to 4 p.m.

Glass Fusing with Petra Kaiser – Thursdays, March 7 to 28, 9:30 a.m. to 12:30 p.m.

Photography, advanced, with Denny Souers – Thursdays, March 7 to 28. First class, 9 a.m. to 12 p.m., classes 2, 3 and 4, 7 a.m. to noon.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/workshops, or email info@bigarts.org.



The late Philipp Neil Glaser photo provided

New Exhibition Of Paintings At Sanibel Church

Each month throughout the year, Sanibel Congregational United Church of Christ exhibits the work of one or more fine artists with local ties. Paintings by the late Philipp Neil Glaser (1938-2017) will be on display and for sale throughout February.

Glaser explained his artwork: "I am a realistic painter, and my paintings



Painting by Philipp Neil Glaser

don't make philosophical or social statements. Familiar, everyday objects are what I like to paint. It could be an old barn, a Florida trail or a group of wildflowers. I hope to help the viewer see the beauty in everyday life.

"I paint with transparent watercolors similar to the kind we all used in elementary school. The unique qualities of these paintings is their transparency. Because of this transparency, beautiful effects can be achieved when the colors

are layered. Also, spectacular effects can be achieved by allowing the colors to mix on wet paper."

Glaser worked as an architect for nearly 40 years, designing libraries, schools and commercial buildings in the Cleveland, Ohio area. He and his wife, Judy, began coming to Sanibel as snowbirds in 2001.

He took up watercolor painting as a hobby after he retired, and it became almost a second career. His work



One of Philipp Neil Glaser's paintings

has won awards and has appeared in galleries and art shows in Ohio and Florida. His paintings also grace the walls of hundreds of homes and businesses.

A portion of the proceeds from sales of paintings benefits the church. The exhibit may be seen during office hours when Fellowship Hall is not otherwise being used and on Sundays after the 7:45, 9 and 11 a.m. services.

Sanibel Congregational United Church of Christ is located at 2050 Periwinkle Way. For more information, call 472-0497 or visit www.sanibelucc.org.✱

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Author Awarded For Lifetime Achievement

by Jeff Lysiak

Sanibel Island's own Randy Wayne White, author of more than 50 books, including the widely popular Doc Ford thriller series, has been awarded the 2019 Florida Lifetime Achievement Award for Writing. White, along with historical author Raymond O. Arsenault, were selected as this year's honorees from among 24 nominees. The judges praised the pair as "giants in their respective fields."

The Florida Humanities Council, which sponsors the award, oversees the nomination process, convenes a panel of independent judges, and announces the winners. The council is an affiliate of the National Endowment for the Humanities.

"What an honor it is to recognize two such remarkable Florida writers, each from such a distinct genre; one of our great and beloved fiction writers and one of our most influential historians," said



Randy Wayne White photo provided
Steve Seibert, executive director of the Florida Humanities Council.

Katie Grinch, a spokeswoman for Putnam Books, White's publisher, nominated the Sanibel resident for the continued on page 24B

Third Home Revealed For Zonta Tour

submitted by Sue Denham

In the keepsake booklet all tour guests receive, this home is named Yesterday: Today: Tomorrow. Don't miss out on discovering why. Set for Saturday, March 16, the 18th annual Peek at the Unique is one of Sanibel's most sought-after experiences, and still has afternoon tickets available at www.EventBrite.com for \$100 each plus a small service fee; scroll down to find available times (mornings are sold out).

Every year, the tour features four distinct and normally inaccessible island homes. "Peekers" ride comfortably in air-conditioned buses, with a guide, receiving special insights into each home they will visit. Before boarding, guests enjoy satisfying "light bites" from Sanibel's finest restaurants and caterers. The funds raised are awarded in grants, through the Zonta Foundation of Southwest Florida, to local organizations



The 50-foot lap pool is of an unusually narrow design to fit on to the canal-front lot photo provided

whose programs help improve women's lives, and to Zonta International for global initiatives in women's health, continued on page 8B



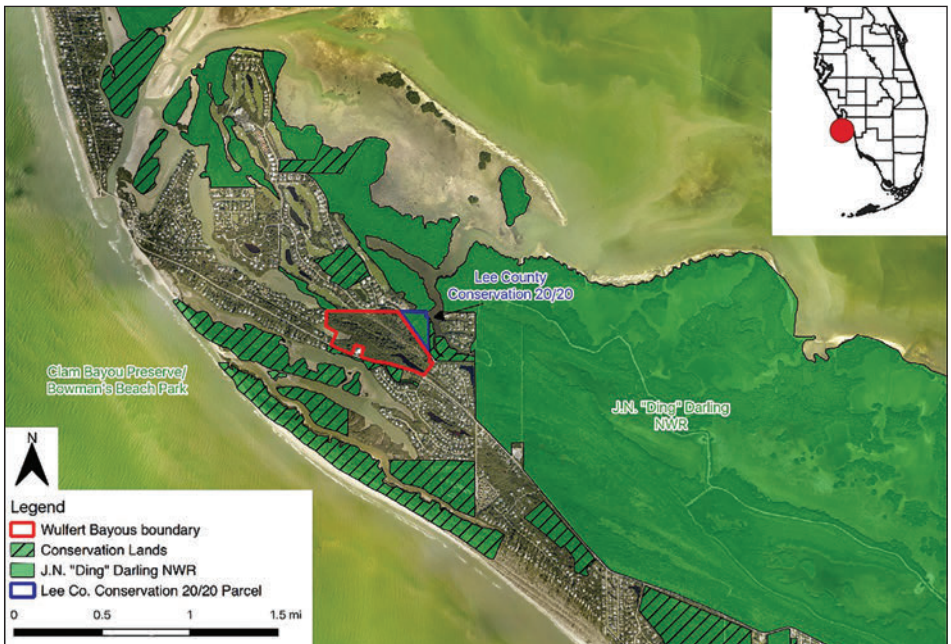
An aerial view of Wulfert Bayous photo provided

Refuge Begins Land Acquisition Campaign

At its annual Go Wild for "Ding" fundraiser on February 13, the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) announced

its campaign to raise \$9.5 million to purchase 68 acres of Sanibel property adjacent to the JN "Ding" Darling National Wildlife Refuge.

"The 'Ding' Darling Wildlife Society has identified an exciting opportunity to further the land preservation legacy of 'Ding' Darling, but we need your help, and quickly," a video presentation announced. It revealed that DDWS will



DDWS seeks to acquire the 68-acre Wulfert Bayous parcel to complete a wildlife corridor between refuge, city, county and SCCF conservation lands. image provided

be seeking \$3 million in private charitable donations.

The 68-acre parcel, known as Wulfert Bayous, is currently permitted by the City of Sanibel for the owner to develop up to 29 large homes. DDWS has been working for several years behind the scenes to

partner with funding sources and private donors toward the acquisition.

As a result, on November 6, 2018, the Lee County Board of Commissioners voted in favor of exploring the acquisition and has asked county staff to pursue the continued on page 2B

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ABWA Luncheon
Celebrates
Affirmations

At the January 22 meeting of the American Business Women's Association (ABWA) Sanibel Captiva Charter Chapter, Kay Casperson, founder and CEO of BeautifulLife, delivered an inspiring speech as part of the chapter's Women in Leadership Speaker Series. Casperson's presentation was Simple Steps to Living Your Most Beautiful Life Every Day, focusing on the power of positive affirmations.

Casperson has been an American business woman since she started working as a young teen in a range of roles, including "corn stalk detasseling" and waitressing on roller skates. She discovered a knack for cosmetic makeovers and, at age 18, moved herself to California to build a career as a makeup artist for models.

"The models were beautiful women, but not one could look in the mirror and acknowledge her beauty," said Casperson. "That sad discovery inspired my first book, *Beauty Inside Out*, and my belief that real beauty springs from belief in aspirations, such as "I am Beautiful," "I am Bold," "I am Wise" and "I am Confident."

"Affirmations make a world of difference," said Casperson. "And remember that nice girls really do finish first." Casperson reinforces the importance of not worrying about opinions that discourage or stop you from accomplishing your goals. But she advises, "Be kind. Stay organized. Have faith. Believe in yourself."

This affirmation-based philosophy and a strong busy savvy built Casperson's multi-category brand BeautifulLife. "My philosophy is centered on simplicity, effectiveness and affirmation, while using



Kay Casperson receiving the speaker appreciation award from Mary Bondurant
photo provided

the highest quality ingredients in products we can use every day," said Casperson. "My mission is simple – to inspire all people to live their most balanced life every day."

On Sanibel and Captiva islands, Casperson's first boutique opened in 2008. Less than a year later, her flagship Lifestyle Spa and Boutique opened at South Seas Island Resort on Captiva. Soon after, she opened the Lifestyle Spa and Boutique at Sundial Beach Resort and Spa on Sanibel. Visitors from across the United States and overseas are regular customers and have spread the BeautifulLife message worldwide.

"Kay's message was perfect to kick off the New Year," said Gloria Garrett of HMG and local ABWA chapter president. "Kay advised us to pick one of our strengths this year and invest in it, refine it and build it. I think it's excellent advice."☆☆

From page 1B

Land Acquisition

possibility of Conservation 20/20 funding. DDWS also is looking into state funding and grants from the BP Horizon Spill as other alternative funding sources toward the remaining \$6.5 million needed.

From private donors, DDWS has to date raised \$2 million toward the minimum \$3 million it will need to raise in order to receive support from other funding sources.

"There's a possibility that the \$3 million goal may change, depending upon the amount of funding received from the other sources we are investigating," said Birgie Miller, DDWS executive director.

The acreage along Wulfert Road and Sanibel-Captiva Road is home to a number of species, including eagles, bobcats, gopher tortoises and rare plants. It is also a stopover for migrating neotropical birds. Resident and seasonal birds alike would be seriously threatened by development, say refuge officials.

The conservation and planned restoration of the Wulfert Bayous property will protect a four-acre lake, 16 acres of existing mangroves, hardwood uplands and 22 active gopher tortoise

burrows. Wulfert Bayous contains 15 acres of wetlands that can be restored and enhanced to create a wading bird colony of roseate spoonbills, wood storks, white ibis, and other egrets and herons. Improvements would also include limited, passive public access for wildlife viewing.

"The 68-acre parcel will complete a wildlife corridor connecting surrounding conservation lands while stemming development and water quality degradation via natural filtration," said John McCabe, DDWS land acquisition committee chair. "As the largest parcel of unprotected undeveloped land on Sanibel, it's the vital piece of the puzzle that will ensure Sanibel's future as the protected, pristine natural treasure we all love."

"We are turning to private support to meet our required \$3 million campaign goal," said Miller. "Time is of the essence for raising the money. If we do not meet the deadline, conservation could lose the parcel to residential development. We are looking for donations and pledges large and small within the next three months."

For more information, to make a donation, or to pledge support, visit www.savewulfertland.org or contact Miller at 292-0566 or director@dingdarlingsociety.org.☆☆

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Sanibel Icon Speaks To Volunteers

Every month, the Sanibel Historical Village holds an event for its volunteers. The aim is to help broaden their knowledge of the history of Sanibel and to meet and mingle with fellow volunteers.

Last week, island icon Ralph Woodring, whose grandfather was one of Sanibel's original homesteaders, talked to the group about his life and times.

Accompanied by his wife Jean, Woodring said they decided some years back that they didn't want their property to be developed. "We thought the best thing to do was to come up with some way to take care of it and keep it in perpetuity," Woodring explained.

The "Ding" Darling Wildlife Society had the money and the pull to make it all happen, he said. With the Conservation 20/20 program, they purchased the property, and the Woodrings have a life estate. "We're pretty happy and satisfied with the way it's going. We have set up a fund to take care of the house after we're gone," he added.

Woodring said he still fishes, but not nearly as much as he would like. It isn't like the old days, though. "You might spend the whole day out and catch nothing," he said. In his younger years, you could catch about all you wanted, and certainly all you needed for a good dinner.

Woodring sold The Bait Box but kept the wholesale business, moving it to Kelly



From left, Gayle Pence, Ralph Woodring and Deb Gleason

photo provided

Road. After experiencing some staff issues and other problems, he now finds himself working five days a week again. "Some people think I'm pretty damn hard to get along with," Woodring said by way of explanation.

Dr. Bruce Neill of the Sanibel Sea School has taken over START (Solutions To Avoid Red Tide), a water quality organization Woodring started. "Water quality is a people problem," he said. "But I'm going to be here to see that it gets better."

Woodring talked about the old days in

the village's Sanibel School, remembering how the younger children were separated into a different room (a later extension that was removed when the school was moved in to the historical village).

What Woodring remembers vividly about the old days is that neighbors helped each other. "No matter how far away the neighbors were, somehow or another you would get word to them, and they would help you," he remembered.

There was no road to Woodring Point until 1941, after trying for about five years to get the county to build it. When they

were able to, the Woodring family would go once a month to Fort Myers and clean out the grocery store. "In between times, we would go to Bailey's," he said.

Woodring was a track and football star and was elected president of his senior class (he graduated in 1954). After that, he joined the Air Force, where he was elected flight commander and graduated with honors. He held a number of jobs after that, including repairing groins (cement jetties) for the CEPD (Captive Erosion Prevention District) and working four years at South Seas Island Resort, where he worked his way up to manager.

Woodring told stories of his mother Esperanza, of her fishing prowess and her strong personality. He also warned the village volunteers, with a wry smile on his face, to be on the lookout for the ghost of Lee Greer, who died in Burnap Cottage, which is now in the village.

In closing, Woodring said, "We had a pretty darn good life on Woodring Point before the road."

The Sanibel Historical Village puts on these speaker programs for volunteers, called Volunteer Updates. They are held the first Monday of the month in Shore Haven at the Historical Village. On Monday, March 4, the guest speaker will be Mariel Goss. The wife of Sanibel's first mayor, Goss was part of the early days (early 1970s) of incorporation. Among other things, she will speak about the formation of the shared-use paths.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road (next to BIG ARTS). For more information or to make a donation, visit www.sanibelmuseum.org.



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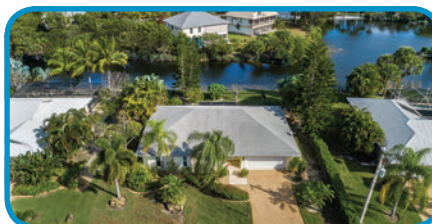
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New! New! New! Completely renovated 3 BR/2 BA ground level home with enclosed salt water pool. Short walk to beach. Great room AND den with fireplace; impact glass, new electrical, plumbing, irrigation and more! A must see home, ready for a new owner.

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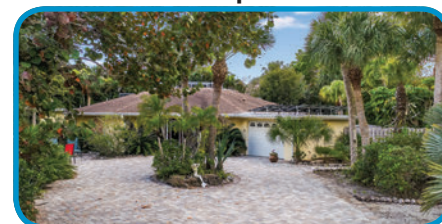
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Beautifully updated corner unit with vaulted ceilings and gulf-front and pool views. Fully outfitted for rental with great rental income history.

\$785,000

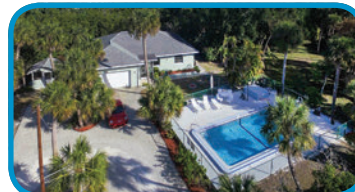
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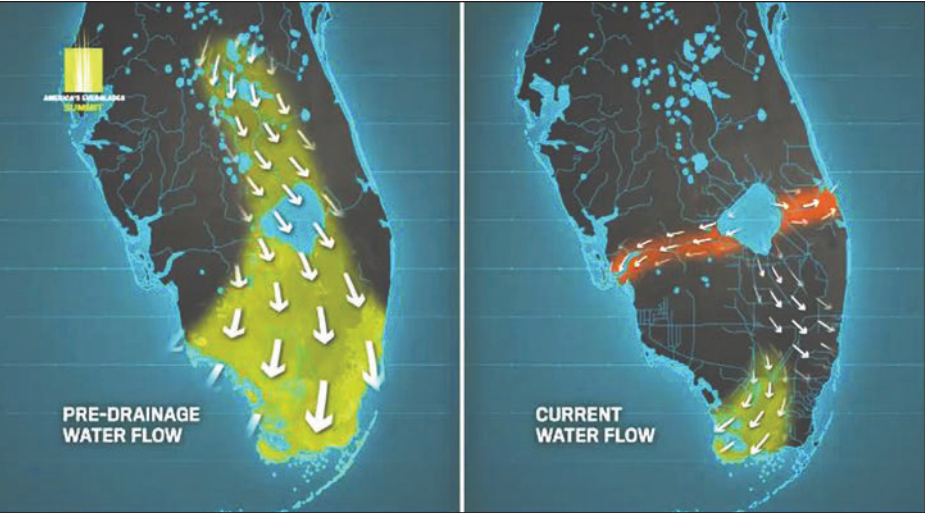


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Historically, nearly all the water from Lake O flowed south. Now, over 70 percent flows to the Caloosahatchee and St. Lucie. image provided

Free Community Update On Water Issues

Sanibel-Captiva Conservation Foundation (SCCF) and the Everglades Foundation are offering the public an opportunity to get the latest updates on the status of water

management projects impacting the Caloosahatchee and the Everglades. After the devastating impacts of the 2018 red tide and the recent promising actions by Gov. DeSantis, real improvements are now possible.

The program New Opportunities to Advance Water Quality Improvement and Everglades Restoration will be presented on Thursday, February 28 at 7 p.m. at The Community House. The event is free

and registration is not required. Doors open at 6:30 p.m. and light refreshments will be served.

Some key indicators of current conditions:

Current Lake O levels are lower than they have been in recent years. A weak El Niño may bring higher than normal rainfall in the next few months.

The U.S. Army Corps of Engineers is beginning work on a new water management schedule for Lake O releases.

Gov. DeSantis has asked the South Florida Water Management District

(SFWMD) to expedite work on the EAA Reservoir, the keystone project that will reduce harmful flows to the estuary by 40 to 60 percent.

The Southwest Florida community is encouraged to stay engaged to make sure that this emerging leadership vision is successful. Learn the latest from SCCF and the Everglades Foundation on recent progress, ongoing challenges and what you can do to help.

For more information, call 472-2329.

The Community House is located at 2173 Periwinkle Way on Sanibel.✪

Design Firm Among Best In North America

Linda and Dana Coin, owners of Decorating Den Interiors of Sanibel, have achieved Chairman's Circle status for being in the top five franchises in the U.S. for sales in 2018, according to officials at Decorating Den Interiors, North America's largest home furnishings and interior design franchise company. The company also is celebrating its 50th anniversary throughout the year.

The Chairman's Circle awards are the first we announce each year," said Jim Bugg, Jr., president and CEO. This recognition was started by the late James S. Bugg, Sr., who served as company chairman from 1984 until his death in 2015.

"These award winners exemplify how our company has grown from primarily a drapery company to a full-service interior design company with access to a broad range of home furnishing suppliers," Bugg said. "These owners provide tremendous leadership for our nearly 300 design professionals across the U.S and Canada. The Coins are excellent business owners and, with their team of award-winning



Dana and Linda Coin photo provided

designers, they consistently are one of our top performing businesses in both sales and customer service."

"Being in the Chairman's Circle in this 50th anniversary year is very special," said Linda Coin. "Not many companies stay in business for 50 years, and I am very proud to be part of one that has achieved that status."✪✪

Neighbors Club To Hold First Rally Of The Season

The Sanibel Neighbors Club is hosting its first rally of the season at the historic Thistle Lodge Restaurant at Casa Ybel Resort on Thursday, February 28 at 5:30 p.m. Members can take in the sunset views of the Gulf of Mexico

while having complimentary appetizers. During the gathering, club members will be holding a 50/50 raffle to benefit CROW. You can become a member or renew your membership at the meeting.

The new location during the course of the year to sign up/renew and get a Sanibel Neighbors Club card is at Three Crafty Ladies, located at 1628 Periwinkle Way on Sanibel. Neighbors Club members receive a 10 percent discount at select restaurants.✪

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Asking price is \$969,000

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Transformation Underway at Bay-Front Home With Beachside Pool & Nearby Boat Basin Lot With Dock & Lift - 1238 Isabel Dr in Sanibel Harbour
4+bedrm home with 3-car garage & elevator. 1st level has central great rm with soaring ceilings & endless water views, huge kitchen with dining area & butler's pantry, plus new master suite. Also on 1st floor, guest rm & another bath. 2nd level over 3 car garage has family or media room with kitchenette & bath. Upper floor has 2nd master suite, & 3 more rms & baths. Many scenarios for spacious easy-living with these views. \$3.495M



Lowest-Price - Sanibel Lot
On private road at 9270 Kincaid Ct in Belle Meade with preserved land across street. Just \$149K



Easy-Access Easy-Living
East-end ground-level 1 bedrm at Captains Walk #B2. Updated HVAC, windows, & bath. \$239K



Big Gumbo Limbo Lot
Next to conservation land, on aptly-named Peaceful Dr in handy mid-island community. \$249K



Gulf-View Income-Producer
Grossing \$60K+/yr in easy on-site pet-friendly rental program. 1/2-duplex at Signal Inn #4. \$499.9K



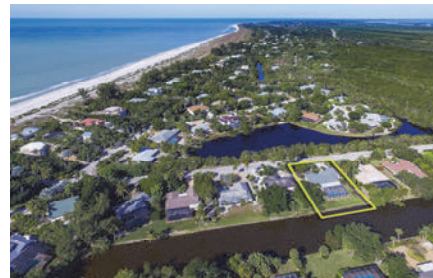
Unique Ground-Level Corner 3 Bedrm in Residential Bay Complex
Beach-front walk-out with water views from EVERY room except baths & utility rm plus additional light from side windows in great room & 3rd bedrm. Nearly 2,000 sq. ft. including glassed/screened lanai. \$699K



Beach-Front Updated 2 Bedrm With Income at Sanibel Arms West
With low island condo & rental fees, SAW has long history with happy owners/vacationers. #E2, right on gulf, has updated/expanded kitchen, baths, impact sliders, & washer/dryer. 2 screened lanais too! \$874K



Near-Beach 4-Bedrm With Pool & Water View in Gulf Shores
Expanded/reconfigured by Kennedy Construction to accommodate vacationing family. Central great rm with sliders to pool, spa, & outdoor kitchen. Split-plan bedrm privacy, 3.5 baths, utility rm, & garage. \$899K



3-Bedrm Penthouse with Private Roof-Top Deck Plus Income
Priced same as last sale (without private deck). Pointe Santo #C43 is long-time weekly rental at mini-resort. Beachside pool, spa, & clubhouse with activities, plus tennis & bbq areas. Offered turnkey \$1.035M



Solid 2-Level Beach-Front Home at 1351 Middle Gulf Dr
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Deepwater Canal With Dock & Pool
3 bedrm split-plan at 842 Limpet Dr, with great room & den, plus loft. Remodeled top-to-bottom. \$2.495M

ABWA Five-Year Service Award Presented

The American Business Women's Association (ABWA) presented Marty Short of Donald Short and Associates Insurance with a five-year service award at the January meeting. Bondurant recruited Short to the organization in 2014.

"Together, they have changed the face of ABWA on the islands," said Gloria Garrett of HMG, local chapter president. "Marty is an active supporter of the chapter's goal to offer the best leadership growth opportunities and best professional women's networking on the islands."✽



Mary Bondurant presented Marty Short the five-year ABWA Service Award

photo provided

From page 1B Zonta Tour



Oversize paperweight fashioned from scraps by a favorite glass artist

photos provided



This classic chest looks new but is a restored, 100-year-old piece, originally in the dental office of Jay Gerken's father

and wood carvings by family members; vintage cranberry glassware; heirloom quilts; and 100-year-old restored chests in the guest pod. A black-and-white photograph by Sanibel icon Charles McCullough graces a guest bedroom wall, inspiring the simple furnishings.

The home is sponsored by Dan Hahn Custom Builders and John Grey Painting, who worked on elements such as baseboards and crown moldings, to enhance the home's historic inspiration.

The Zonta Club of Sanibel-Captiva is a service organization of professional women working together to provide hands-on assistance, advocacy and funds to empower women and girls on the islands, in Lee County and around the world. For more information, visit www.zontasancap.com.✽

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safety and education.

The third residence to be featured on the 2019 Peek is one that earns two labels, both new and historic. "New" because it was completed a year ago, and "historic" because the home features many treasured objects and connections with the homeowners' past, their travels and their family.

As they prepared to build on a canal-front lot in Shell Harbour, Jay and Angie Gerken studied Sanibel's history. In a book titled *Classic Cracker*, Jay discovered the traditional four-square design of late 19th century Florida homes, with four main rooms and a stand-alone kitchen.

"We thought it would be a wonderful tribute to incorporate proven, 100-year-old methods," Jay said. He sketched a plan based on these ideas and worked with Dan Hahn Custom Builders and John Grey Painting to bring it to life.

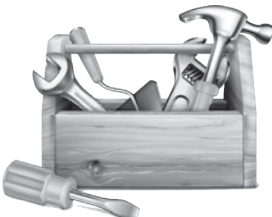
The high ceilings, 50-foot lap pool, sparkling kitchen and bathrooms all are pure 21st century. In Jay's design, the living area and main bedrooms mirrored the four-square concept, and the separate element was a two-bedroom guest pod, accessible only via the covered deck. Historic and family connections are found throughout: framed pastels by a daughter; pottery

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Deb Smith 472-5187 x 251**Best Deal in Sanibel View**

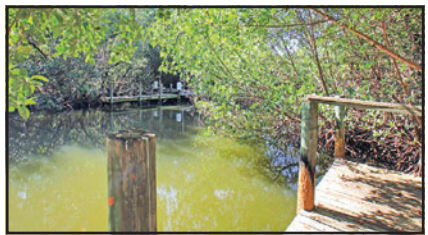
- Beautiful 2BR/2BA fully-furnished, first floor unit
- Private garage & elevator leads right to your front door!
- Fitness center, library, heated saltwater pool & hot tub
- Great investment opportunity w/established seasonal renters
- \$269,000 (2190237)

Janka Varmuza 472-5187 x 207**Fantastic Island Townhouse**

- Spacious 3 Bedrooms, 3 Baths, River Views
- 2 Lanais and 2 Living Areas
- Covered Parking, Community Pool & Tennis
- Private Beach Access, Great Location
- \$835,000 (2190218)

Jim Hall 472-5187 x 215**Wonderful Ground Floor Walk-Out**

- Beautiful 2BR/2BA condo at Pointe Santo
- Nice gulf views, mere feet from beach & pool
- Brand new Trane A/C, high impact glass & remodeled kitchen
- Strong rental history w/lots of repeat guests
- \$889,000 (2190163)

Lynda Traverso 472-5187 x 226**Extra Large Double Lot**

- Canal and road frontage
- 180' dock, direct access
- Cleared of Brazilian Pepper
- Fisherman or boaters dream!!
- \$499,000 (2150735)

David Schuldenfrei 472-5187 x 227**Impeccable Shell Harbor Home**

- 3 Bedroom 2.5 Bath Ground Level Canal Home
- Easy boat access to San Carlos Bay and the Gulf of Mexico
- Pool, Dock and 10k lbs Lift
- Open Plan, Vaulted Ceilings, Wood Floors
- \$1,275,000 (2181269)

Joel Goodman 472-5187 x 224**Serene Custom Pool Home**

- Private 3BR/2BA pool home in Belle Meade
- Olde Florida style home w/wrap around porch
- High ceilings, lots of storage & beautiful tropical grounds
- Resort-style pool area, sauna, near beaches
- \$898,000 (2181202)

Teresa Baker 472-5187 x 220**Incredible Privacy on .68 Acres**

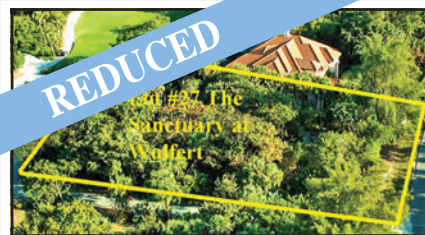
- 3 BR & multipurpose room or den
- 2.5 baths, elevator, new roof,
- composite sliding, vaulted cedar
- ceilings, oak floors, huge kitchen & pool
- \$839,000 (2190108)

James & Penny Hetmanek 472-5187 x 202**Living High**

- 18th Floor Sky Home
- Panoramic Views Sanibel-FMB
- 2062' of living w/3BR/2BA
- Resort Style Amenities
- \$620,000 (2190006)

Ted Benjamin 472-5187 x 247**Surrounded by Beauty & Elegance**

- St. Charles Harbour a private gated community
- Courtyard design with heated pool & spa
- Spectacularly maintained home with many custom upgrades
- World class Marina steps from your back door
- \$1,149,000 (2180795)

Debbie Ringdahl 472-5187 x 269**Golf Course on the Back Bay!**

- Views of Pine Island Sound from the fairway
- One of the best priced homesites left on Sanibel
- Eastern exposure overlooking the 14th tees
- In an area of other exquisite homes
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Charles Sobczak 472-5187 x 255**Highly Sought-After Iona**

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- 2BR + den/2BA w/one car attached garage
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- Majestic Palms is a safe, gated community
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Bob Berning 472-5187 x 253**1560 PERIWINKLE WAY • 2000 PERIWINKLE WAY • 1506 PERIWINKLE WAY, SANIBEL****14970 CAPTIVA DRIVE, CAPTIVA****239-472-5187 • 800-553-7338 • WWW.SANCAPISLANDRE.COM**

BIG ARTS To Host Advance Film Screening

A trademarked slogan of the Geena Davis Institute on Gender in Media is, "If she can see it, she can be it."

And when it comes Hollywood and women on camera, she – whoever she is – doesn't see herself very often. In the number of leading roles, screen time and other measures, women come up way short to men and have since Hollywood became Hollywood.

Righting those scales not only in popular film but in workplaces of all types in the United States is the goal behind *This Changes Everything*, a documentary which will receive an advance screening on Monday, March 4 in the Monday Night Film Series at BIG ARTS. It is set for wide release in June.

Featuring a who's who of female film – Davis as well as Meryl Streep, Chloë Grace Moretz, Sharon Stone, Natalie Portman, Taraji P. Henson, Reese Witherspoon, Cate Blanchett, Jill Soloway, Shonda Rhimes, Sandra Oh, Jessica Chastain, Rose McGowan, Rosario Dawson, Mo'Nique and others – *This Changes Everything* began life about two years before the #MeToo and #TimesUp movements, said producer Ilan Arboleda.

Arboleda will be joined by producer Azza Cohen when the film from Creative



image provided

Chaos Ventures is shown on Sanibel. They will also be in attendance for a Q&A following the film.

As one (favorable) review points out, there have been plenty of landmark films that were thought to be game-changers for the dearth of women in film. *Thelma and Louise* was imagined to be that catalyst in 1991. It wasn't. *A League of Their Own* the next year seemed to have the potential.

Yet little has changed.

Consider these numbers from Davis'

institute, based on research of the top animated and non-animated family films from 2007 to 2017:

Male leads outnumbered female leads, 71.3 percent to 28.8 percent;

Male leads got more screen time than female leads, 60.9 percent to 39.1 percent;

Male leads got more speaking time than female leads, 63.7 percent to 36.3 percent;

At least one critic has pointed out that *This Changes Everything* is directed by a man: Tom Donahue.

The need for men to be involved is something Arboleda is happy to address. "Once you're conscious of this (gender disparity), it's very hard to ignore after that," he said. The women speaking out are taking a big risk criticizing the studios and executives who have the power to hire or not hire them; comparable activism by men is crucial.

Arboleda said he was moved some time ago when listening to a podcast in which longtime feminist activist Gloria Steinem called gender equality not a feminist issue but a human rights issue.

That's what the finance and production company Creative Chaos has been all about. "We make films about social action. About moving the dial," Arboleda said. It has been the force behind *Thank You for Your Service*, about the failure of the mental health policies in the U.S. military; *Casting By*, about the largely unsung Hollywood casting directors, who are mainly female; *Going Big Time*, about the costs and benefits of high-profile sports to higher

education; and other socially conscious films.

"We want this film to be a catalyst for change," said co-producer Cohen. "Not just in Hollywood but also we want anyone with hiring power to pledge to hire 50/50 (women to men)."

Evidence shows there's a long way to go. Among Fortune 500 CEOs, just 24 are female.

For more information and to purchase tickets, contact the box office at 395-0900 or visit www.BIGARTS.org.

ISLAND SUN BUSINESS NEWSMAKERS



Sarah Ashton



Sheila Hammons

RE/MAX Of The Islands

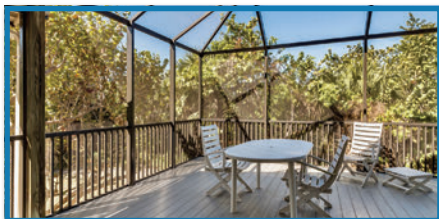
The top producers for January at RE/MAX of the Islands were:

Sarah Ashton, top marketing associate; and Sheila Hammons, most productive realtor.

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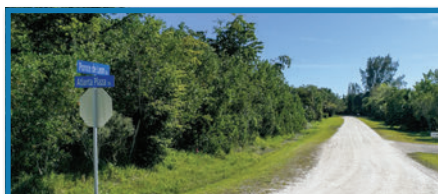
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\$839,000



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Rotary Happenings

submitted by Shirley Jewell

Outstanding! What a beautiful weekend and what a fantastic Sanibel-Captiva Rotary Arts & Crafts Festival weekend. Even though Rotary is not a religious or political organization, there were surely a few prayers made in hopes of no rain. So, thanks to whoever oversees the weather up there.

Thank yous are in order for so many, starting with our 2019 festival organizers: Rotarians Scot Congress, Robert Monk, Chet Sadler, Dick Waterhouse, Jack Alexander, Charlie Emerson, Rachael Tritaik, Roger Triftshauser, Roger Grogman, John Carney, Dan Cohn, and the Rotary Sunrise Club of Fort Myers. Amazing, you all are amazing Rotarians, giving your all for the good of others. Thank you to all Rotarians who gave so much time toward making this year's festival the success that it was.

Sanibel-Captiva Rotary thanks: the talented artists and craftspeople who create such beautiful pieces that draw attendees to this festival year after year; the Matsumoto family for their generosity in allowing our club to use the artwork of Ikki Matsumoto for our



Sanibel-Captiva Rotary Club President John Danner with blue ribbon-winner John Furches photos provided

festival merchandise; our generous sponsors including Congress Jewelers, Sunny 106.3, John Grey Painting, Royal Shell Vacations, The Sanibel Captiva Trust Company, Sanibel Captiva Community Bank and Island Taxi. The club thanks all 65 businesses who supported us by buying advertising space in the festival guide this year and to those who purchased banners for display at The Community House. Thanks to the silent auction contributors. This area of the festival has grown in size over the years and provides a significant



Blue ribbon-winner Deborah Bryant with John Danner

contribution to the total proceeds. Thank you to our food vendors. This year's food court was the best ever. Thank you to our in kind contributors. These are local and off-island entities that provide services and advertising space to help us promote and produce the fair. Thank you to the local Boy Scout Troup and the brand-new Rotary sponsored Interact Club at The Sanibel School for being part of the festival this year. Your presence does not go unnoticed.

And most of all, to all the attendees that came to the festival and supported our major fundraiser of the year. Sanibel-Captiva Rotary Club President John Danner said, "Your support of our festival makes it possible for the Sanibel-Captiva Rotary Club to donate tens of thousands of dollars every year to good causes here on Sanibel and around the world. We provide scholarships for college students, wheelchairs for folks who have such a need, food for the hungry and shelter for people who are caught in natural disasters. We support organizations that protect the environment. We work with arts organizations and museums to bring cultural enrichment to the community. And it is made possible by you!"

The festival tallies are not in yet, but this year's numbers will be strong. The weather was beautiful, the art outstanding, the energy surrounding the festival was exciting, the food was great, and attendance was robust. What a year!

Thank you again for supporting Sanibel-Captiva Rotary.

The juried art and craft awards were awarded at the festival on Saturday, but a full listing is not ready for publication. We can tell you the Best In Show blue ribbon was awarded to Nicario Jimenez, booth 28, for his wood sculpture. Category blue ribbon winners were John Furches, booth 31, etchings, and Deborah Bryant, booth 204, wearables.

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.*

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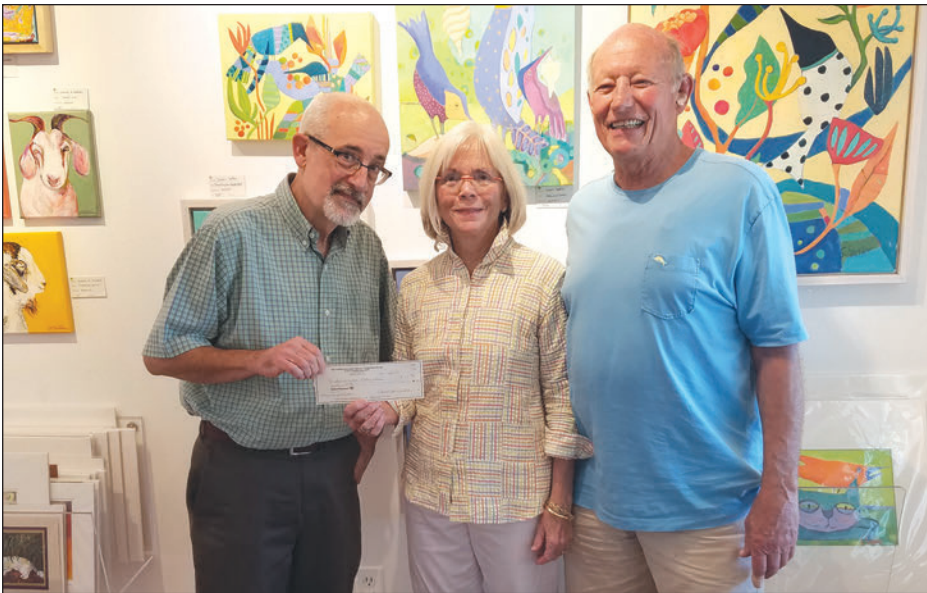
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From left, Sanibel Captiva Rotary Club President John Danner accepts the check from Susan Sadler, president of Tower Art Gallery, while Rotarian Chef Sadler looks on photo provided

Art Gallery Donates To Rotary Project

Tower Art Gallery artists hosted the public to its annual Giving Back fundraising at the historic gallery on Tarpon Bay Road. This January celebration raised money for the Sanibel Captiva Rotary Club’s wheelchair project. Artist were on duty to talk with the patrons about their art plus give pointers

on color, design and form. Bill Rahe, John Grey and Eldon Bohrofen were among the many Rotarians attending the event. The Rotary club has been donating wheelchairs to those in need all over the world. This year, money is going towards sending wheelchairs to the indigenous poor in the far reaches of the mountains in Guatemala. Rotarians will be traveling to Guatemala to help with distribution of a shipping container of over 100 wheelchairs to those in need. This will be the third shipment since 2015.✱

Education Intern Returns To Wildlife Refuge

Education intern Justin Gole recently arrived to help the JN “Ding” Darling National Wildlife Refuge with staffing shortages this season, thanks to funding from the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Gole graduated from Grand Valley State University in 2015 with a degree in accounting. He worked briefly at “Ding” Darling last December as a visitor survey intern with American Conservation Experience. Between March 2018 and January 2019, the program had him working at 15 different wildlife refuges.

“And I’m lucky enough to come back and work at my favorite refuge,” said the Grand Rapids, Michigan native. “It’s hard to pick just one thing I love about Sanibel and the refuge. I would narrow it down to the sunlight, the seashells and the birding.

Gole will be assisting conservation educator Sara Hallas through the end of May. In June, he heads out for an environmental education position with the Peace Corps in Guyana.

DDWS provides living stipends and other benefits for about a dozen interns each year. The refuge supports interns and resident volunteers with free housing.



Justin Gole photo provided

“Our interns bring youthful energy, enthusiasm and creativity to the refuge team,” said Supervisory Refuge Ranger Toni Westland. “At the same time, the program gives students and recent graduates an opportunity to learn hands-on about the environment and refuge operations.”

For more information about the refuge’s internship programs, contact Westland at 472-1100 ext. 237. To learn about supporting the refuge intern program, contact Birgie Miller, DDWS executive director, at 472-1100 ext. 4.✱



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Attendees at the Sanibel FlyFishers Film Tour at The Community House photo provided

Sanibel FlyFishers Host Film Tour

On February 11, the Sanibel FlyFishers club hosted the first Southwest Florida showing of the Fly Fishing Film Tour (F3T), an international collection of fly fishing short films, now in its 12th year. The event, held at The Community House, was a benefit for Captains For Clean Water. Nearly \$10,000 was raised for the group and other environmental-based causes. more than 200 attended the

gathering. Nearly 30 local businesses, artists, residents and fishing guides donated items for a silent auction and raffle.

Sanibel FlyFishers is planning to host the event again next year as its major annual fundraiser. The group holds its monthly meetings at the Sanibel Sea School, located at 455 Periwinkle Way beginning at 6 p.m. on the first Thursday of each month. Annual membership is \$20.

Sanibel FlyFishers activities coming up include:

March 1, 8, 15 and 29 (weather permitting) – Fridays in the Refuge,

trimming of mangroves along Wildlife Drive in the JN "Ding" Darling National Wildlife Refuge, 8 a.m. to noon;

March 7 – Monthly meeting, 6 to 8:30 p.m., Sanibel Sea School;

March 12 – Informal Fly Tying, 6 to 8:30 p.m., Sanibel Sea School, equipment provided, all are welcome;

March 21 – Monthly club luncheon, 1 p.m., Lighthouse Restaurant, Punta Rassa;

March 26 – Informal Fly Tying, 6 to 8:30 p.m., Sanibel Sea School, equipment provided, all are welcome.

For more information, visit www.facebook.com/SanibelFlyFishers or email sanibelff@gmail.com.✱

Island Realtors Win Second President's Cup

On February 8, the Sanibel & Captiva Islands Association of Realtors was announced as a winner of the 2018 National Association of Realtors President's Cup for the second year in a row. This award recognizes the hard work local realtor leaders and association staff perform to advance public policies that build strong communities, preserve homeownership, protect property interests and promote a vibrant business environment.

The Sanibel & Captiva Islands Association of Realtors was one of only six realtor associations in the state of Florida to receive this award. To win the President's Cup, the organization had to achieve an average member response rate of at least 20 percent on NAR Calls For Action, exceed their local share of state national fundraising goal, and exceed 37 percent of member participation in the fundraising goal.

In addition to the President's Cup award, the association was also named an RPAC Triple Crown winner for the second year in a row for its fundraising and advocacy efforts.✱

CASI Breakfast With The Mayor

The Condominium Association of Sanibel Island (CASI) will host its annual Breakfast with the Mayor on Thursday, February 28 in the Sundial Room (second level) of the Sundial Beach Resort & Spa, located at 1451 Middle Gulf Drive on Sanibel.

Registration begins at 8 a.m., with the breakfast buffet opening at 8:30 a.m. At 9 a.m., Sanibel Mayor Kevin Ruane will speak to CASI members and guests.

Admission is \$15 for CASI members and staff; \$30 for guests. Cash and checks will be accepted at the door. Advanced registration is required by Monday, February 25.

RSVP to casi.sanibel@gmail.com or 691-5024.✱

Kiwanis Club Scholarships

The Sanibel-Captiva Kiwanis Club is accepting scholarship applications for the 2019-20 school year. Scholarships of \$4,000 per year, over a period of four years, will be awarded. Additionally, several one-year scholarships in varying amounts are available, including Sam Bailey's Islands Night Scholarships.

Eligible applicants must be Sanibel or Captiva residents, employed full time on the islands or a family member of such (of any age) attending a college or vocational school.

The club collects the applications and an independent committee makes the selection. Applications must be submitted by March 29, 2019. They can be obtained on the Kiwanis website, www.sanibelkiwanis.org, or by contacting: Antoinette Radicchi at 579-0660 or antoinette@sanibelinsurance.com; Bill Traum at 671-0155 or billtraum@me.com; or Chris Heidrick at 579-0660 or chris@sanibelinsurance.com.✱

Sanibel-Captiva Islands

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BIG ARTS Film Society board members, from left, Stefi and Don Irwin, Barb Ruben, Stan Gembicki, Ron Green, Di Saggau, JR Pascall and Visnja Gembicki. Not pictured, Judy Adler.

Film Society Hosts Wine Tasting

by Di Saggau

The annual BIG ARTS Wine Tasting Celebration took place on February 11 in Phillips Gallery. A total of 65 supporters of the Monday Night Movie Film Series enjoyed tasting the fruit of the vine from Austria, Germany, Romania and Hungary, along with a lovely assortment of delicious desserts. Visnja Gembicki, who heads the BIG ARTS Film Society, talked about the upcoming films, including the March 4 screening of *This Changes Everything*, which will feature the director

and the producer of the film. They will be in attendance for both the film and the discussion afterwards. Every year, three names are drawn from the many moderators who lead discussions after our Monday Night Movies. This year's winners were Stefi Irwin, Stan Gembicki and Rob Randell. This is the 22nd year for the Monday Night Movies. JR Pascall, who founded the series, donated the wines for the event and Favi Mullings, owner of Favicakes, provided a large selection of decadent desserts. Wendy Harriman with BIG ARTS, along with some volunteers, helped put the whole event together. It was an enjoyable pre-film event, topped off with a showing of the film *Collette*.✱



Guests enjoyed creative desserts from Favicakes served by Favi Mullings and Donna Cohen, right



Movie Maven T- shirt winners, from left, Stefi Irwin, Stan Irwin (accepting for Rob Randell) and Stan Gembicki

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From left, Judy Adler, Sallyann Sack-Pikus and Irwin Pikus photos provided

BIG ARTS Sellout Season Continues

BIG ARTS patrons took in the sounds of Hot Club of San Francisco and Alfredo Muro recently. Hot Club of San Francisco is a group that honors the rich tradition of gypsy jazz/swing. Muro is a Peruvian concert guitarist who has performed on international stages as well as the Kennedy Center in Washington, DC, Benaroya Hall in Seattle and the Smithsonian Museum. Muro was joined by acclaimed cellist Natasha Farney. For the remaining season schedule of concerts and events at BIG ARTS, visit www.bigarts.org or call 395-0900.✱



From left, Rich Wesolowski, Lynne Wesolowski, LeeAnn Gordon, Darryl Gordon, Gary Dyer and Roxanne Dyer



Dulce and Jim Doss



Karen DeWitt and Ken Gill



Priscilla Viets and Mandy Greenstein



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Captiva Historical Society Screens Documentary

by Jeff Lysiak

Last week at South Seas Island Resort, a capacity crowd gathered for a screening of the 1999 documentary *Uncommon Friends of the 20th Century*, the latest in the 2018-19 season of events organized by the Captiva Island Historical Society (CIHS).

Following a welcome by CIHS President Tom Libonate, broadcast journalist Ken Sneed and award-winning director John Biffar introduced several members of the Uncommon Friends Foundation board of directors before starting the film. The 63-minute documentary tells the story of James Newton, a businessman and real estate developer from Fort Myers Beach who became friends with five key historic figures: Thomas A. Edison, Henry Ford, Charles Lindbergh, Harvey Firestone and Dr. Alexis Carrel.

Throughout the film, narrated by legendary news journalist Walter Cronkite, Newton discusses his relationship with each legendary figure, whom he called his "uncommon friends" based upon their landmark contributions to the world.

Edison, the prolific inventor who first arrived in Fort Myers in 1885, lived across the street from young Newton's real estate project, ironically called Edison Estates. Next door to Edison was Ford, the automobile tycoon. The three soon became fast friends and confidants.

"These men (Edison and Ford) were neighbors. These men were not just great men in the world, they were neighbors here. And they talked here," Newton recalled in the film. "I was with them when they talked and talked. And they weren't afraid to say what they thought. They were comfortable with each other."

Ellie Newton, Jim's wife, was also interviewed for the documentary. She talked extensively about her husband's camaraderie with the iconic figures.



John Biffar responding to a question at last week's film screening photos by Jeff Lysiak

"(Jim) gave them adventure. He gave them a sense that life could be even greater for them than it was," said Ellie. "And he gave them, I think, something about a hope for eternal life... something beyond this world."

Along with Edison and Ford, Newton's life in Southwest Florida crossed paths with other globally famous figures, including Firestone, founder of the Firestone Tire & Rubber Company; Carrel, a Nobel Prize-winning biologist and surgical pioneer; and Lindbergh, the history-making aviator, inventor, explorer and environmental activist.

Throughout the film, stories of Newton's personal connection with each historic icon are shared. In one segment, Lindbergh's daughter, Reeve, describes the friendship between her father and Newton as a "brotherhood."

"They were like brothers... very close. I don't think there's anything they couldn't say to one another," said Reeve. "Jim has been the deepest kind of friend that my father ever had."

Ellie Newton and Anne Morrow Lindbergh developed a close relationship as well, bonding over their mutual respect



Captiva Island Historical Society President Tom Libonate

for each other's published works.

"I believe (Anne) is really one of the most gifted... her books are beautiful," Ellie said. "And they keep selling. Her *Gift From The Sea*, which was written over on Captiva, that keeps selling everywhere."

In his book, *Uncommon Friends*, Newton talked about how each of these great men made a significant impact upon his own life.

"Knowing them did much to shape my life," Newton wrote. "Edison, who never gave up, but turned a thousand failures into triumph; Ford, with his imagination constantly grappling with new ideas; Firestone, who maintained a rocklike integrity amidst the shifting sands of business expediency; Carrel, who could lift you in a single conversation from the street to the stars; and Lindbergh, never content to pursue one great purpose, but constantly reaching for ever more challenging goals."

Newton passed away at age 94, just two months after the release of *Uncommon Friends of the 20th Century*.

Following the film screening, Biffar fielded questions from the audience while Uncommon Friends Foundation Executive



Uncommon Friends Foundation Executive Director Jennifer Nelson

Director Jennifer Nelson talked about the mission of the nonprofit organization established in 1993. The foundation is dedicated to lifelong character building among today's youth and business leaders. It promotes character education in schools, ethics in the workplace and preservation of the historic Burroughs Home and Gardens.

For more information, visit www.UncommonFriends.org.

The next CIHS event of the season happens on Monday, March 18. Back by popular demand, the Captiva History Game Show – dubbed What Do You Know II – returns to the Captiva Civic Center, located at 11550 Chapin Lane on Captiva. This all-new version of the popular *Jeopardy*-style quiz show will feature new questions, surprising facts and plenty of side-splitting fun. Three teams will compete against each other for prizes and bragging rights. Doors open at 5:30 p.m., and complimentary refreshments will be served. A cash bar will also be available. The game show will start at 6 p.m.

Admission is free, but only limited

continued on page 25B

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Certified Wildlife Rehabilitator Breanna Frankel feeding animal ambassador Mina, a great horned owl, following her presentation on the Owls of Southwest Florida at CROW's Visitor Education Center photo provided

CROW Lecture On Owls Of Southwest Florida

by Jeff Lysiak

Last Friday afternoon at the Clinic for the Rehabilitation of Wildlife (CROW), more than a dozen people attended a lecture on the Owls of Southwest Florida, which focused on the five species – screech owl, burrowing owl, barred owl, barn owl and great horned owl – most frequently seen in the region. Presented by Certified

Wildlife Rehabilitator Breanna Frankel, the 45-minute lecture shared information about the anatomy, diet, habits and role that owls play in local wildlife.

Throughout the presentation, Frankel referred to one of CROW's animal ambassadors named Mina, a great horned owl perched nearby. Mina was brought to the clinic in December 2016, having suffered an injury in the wild that caused the loss of a portion of her right wing.

"She's my pride and joy," said Frankel, who explained Mina's amputation had completely healed before she was admitted to the hospital. She was otherwise in good health and it is suspected her mate had



Mina the great horned owl

been caring for her in the wild.

Worldwide, there are more than 200 species of owls, including 20 in North America. The raptors are known for silent flight – achieved through soft, frayed feathers across their bodies – as well as their ability to hide from predators due to camouflage, with grayish or brownish coloration. Their diet includes rodents, reptiles, insects, fish, birds and bats.

"Their eyes cannot rotate in their sockets," said Frankel, pointing to a wide-eyed Mina. "However, their heads can move up to 135 degrees."

One behavior owls are known for is their head movements. They move their



Talons from a great horned owl were passed around for inspection

heads in small circles or up and down, which helps them gauge depth perception. "That helps them figure out where things are, especially when they're hunting for food," added Frankel.

Owls are most frequently admitted to CROW following a strike with a motor vehicle, after becoming entangled in wire fencing or power lines, or after ingesting rat poisons.

Following her lecture, Frankel passed around samples of owl talons and feathers. She also invited the attendees to meet Mina up close and take pictures of her. "Since 2016, we've had a very positive relationship based upon trust... and food," said Frankel.

CROW's Owls of Southwest Florida presentation is repeated every Friday at 2 p.m. at the Visitor Education Center, located at 3880 Sanibel-Captiva Road (across from The Sanibel School). For more information about upcoming animal presentations at CROW, call 472-3644 or visit www.crowclinic.org.

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Thursday, February 28

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Sanibel Community House — 2173 Periwinkle Way

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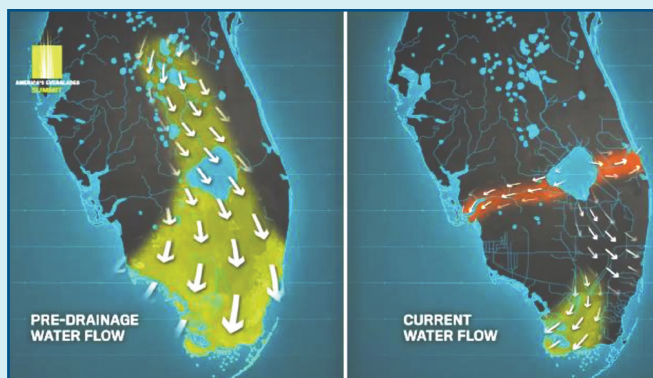
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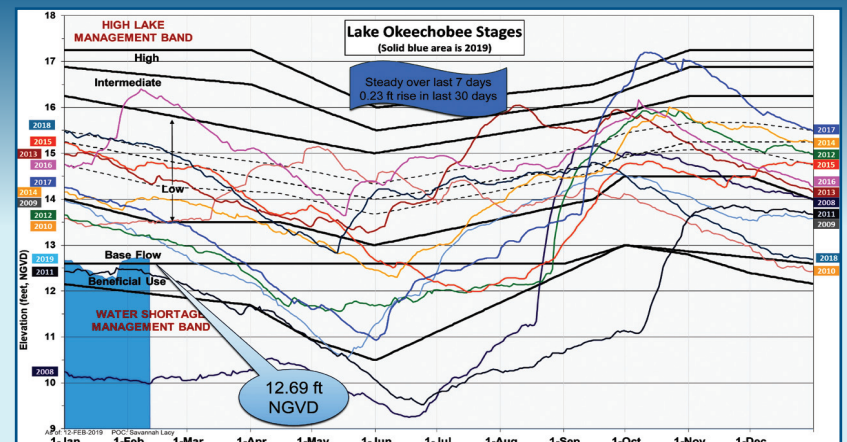
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- The U.S. Army Corps of Engineers is beginning work on a new water management schedule for Lake O releases.
- And Governor DeSantis has asked the South Florida Water Management District (SFWMD) to expedite work on the EAA Reservoir, the keystone project that will reduce harmful flows to the estuary by 40-60%.

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CAPTIVA

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\$995,000



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\$699,000



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SANIBEL

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SANIBEL

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\$989,000




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 FRIDAY Sunny High: 78 Low: 70	 SATURDAY Sunny High: 77 Low: 69	 SUNDAY Sunny High: 79 Low: 67	 MONDAY Sunny High: 77 Low: 69	 TUESDAY Sunny High: 78 Low: 70	 WEDNESDAY Sunny High: 77 Low: 69	 THURSDAY Sunny High: 79 Low: 67
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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:37 am	8:52 am	3:15 pm	9:03 pm	Fri	1:42 am	8:54 am	2:20 pm	9:05 pm	Fri	2:34 am	9:05 am	3:02 pm	9:28 pm	Fri	4:47 am	12:08 pm	5:25 pm	None
Sat	3:34 am	9:20 am	3:43 pm	10:07 pm	Sat	2:39 am	9:22 am	2:48 pm	10:09 pm	Sat	3:38 am	9:39 am	3:43 pm	10:21 pm	Sat	5:44 am	12:19 pm	5:53 pm	12:36 pm
Sun	4:41 am	9:46 am	4:15 pm	11:19 pm	Sun	3:46 am	9:48 am	3:20 pm	11:21 pm	Sun	4:41 am	10:12 am	4:26 pm	11:23 pm	Sun	6:51 am	1:23 am	6:25 pm	1:02 pm
Mon	6:11 am	10:09 am	4:53 pm	None	Mon	5:16 am	10:11 am	3:58 pm	None	Mon	5:49 am	10:45 am	5:14 pm	None	Mon	8:21 am	2:35 am	7:03 pm	1:25 pm
Tue	8:36 am	12:40 am	5:40 pm	10:23 am	Tue	7:41 am	12:42 am	4:45 pm	10:25 am	Tue	7:04 am	12:42 am	6:17 pm	11:50 am	Tue	10:46 am	3:56 am	7:50 pm	1:39 pm
Wed	6:43 pm	2:03 am	None	None	Wed	5:48 pm	2:05 am	None	None	Wed	10:01 am	1:56 am	7:27 pm	1:40 pm	Wed	8:53 pm	5:19 am	None	None
Thu	8:02 pm	3:16 am	None	None	Thu	7:07 pm	3:18 am	None	None	Thu	11:38 am	2:57 am	8:33 pm	2:46 pm	Thu	10:12 pm	6:32 am	None	None

Island Seniors
At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up **Page Turners with Louise Fitzgerald and Ann Hartman** – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The book for discussion on Wednesday, March 13 at 2:30 p.m. will be *The Alice Network* by Kate Quinn.

“In an enthralling new historical novel from national bestselling author Kate Quinn, two women – a female spy recruited to the real-life Alice Network in France during World War I and an unconventional American socialite searching for her cousin in 1947 – are brought together in a mesmerizing story of courage and redemption. In the chaotic aftermath of World War II, American

college girl Charlie St. Clair is pregnant, unmarried, and on the verge of being thrown out of her very proper family. She’s also nursing a desperate hope that her beloved cousin Rose, who disappeared in Nazi-occupied France during the war, might still be alive. So when Charlie’s parents banish her to Europe to have her ‘little problem’ taken care of, Charlie breaks free and heads to London, determined to find out what happened to the cousin she loves like a sister.” – *Guardianbookshop*

Sanibel Health Fair – Friday, February 22, 1 to 4 p.m. Learn how better health starts with you – knowledge is key to prevention and treatment. The fair is sponsored by Parish Nurses of Sanibel.

Sanibel’s Got Talent Hosted by Island Seniors – Thursday, February 28 at 5:30 p.m.

Dinner will be served at 5:30 p.m. and the talent show will follow. Due to the popularity of this program, it will be held at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road. Sign up early. Bring a covered dish to share such

as a vegetable, salad or casserole. Main entree, drinks and desserts provided by Island Seniors.

ECHO Tour – Monday, March 18. Cost is \$15 for members and \$25 for non-members.

ECHO’s Global Farm tour is a guided walk of a creative working farm. Along the way, you will see demonstrations, plants, and techniques useful to farmers and urban gardeners in developing countries. The farm is home to many animals including goats, chickens, ducks, fish and rabbits. It also contains to one of the largest collections of tropical food plants in the United States. There will be demonstrations in the Urban Garden, which features some unusual, yet effective ways to grow crops where there is little or no soil.

Lunch is on your own at Farmers Market Restaurant in downtown Fort Myers. Carpool arrangements available. Depart from Sanibel at 8:30 a.m.

Line Dancing Classes – Tuesday, February 26 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Join the group for an hour of fun. The instructor will review dance steps then turn up the music for dancing. Bring a friend.

Games
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m.; the game begins at 1 p.m.

Mahjongg – Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Kayaking on Tuesdays and Thursdays – February 26 and 28 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets.

Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 and 11 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*



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Refuge Director To Speak At ABWA Luncheon

submitted by Gloria Garrett

The community is invited to join in the discussion with “Ding” Darling Wildlife Society Executive Director Birgie Miller on Tuesday, February 26 at the Women in Leadership Speaker Series, presented by the American Business Women’s Association (ABWA). Miller will discuss How the Power of Philanthropy Shapes Us, addressing the impact on community, as well as on professional journeys and personal lives. She is well qualified to explore this topic as a career public servant, with roles in government, healthcare, education, wildlife rehabilitation and now, conservation.

Miller will be accompanied by Supervisory Refuge Ranger Toni Westland, refuge liaison to the wildlife society.

“I believe we are all put on this earth to do something,” said Miller. “I feel very strongly about being a part of a community in some capacity and doing my small part to make a difference.”

Hailing from Muncie, Indiana, Miller built her career in the state legislature as a legislative assistant and a lobbyist. She went on to 13 years in educational development, three years at the Lee Memorial Health System Foundation and four years at the Clinic for the



Birgie Miller and Toni Westland

photo provided

Rehabilitation of Wildlife (CROW) before joining the team at “Ding” Darling.

Now in her 12th year in leadership at the “Ding” Darling Wildlife Society, known as DDWS, Miller served three years on the board of directors and nine years as executive director. She has tremendously improved the organization, according to DDWS President Mike Baldwin. “Her accomplishments while serving as executive director have been nothing short of remarkable, achieving tremendous growth within the

organization and greatly strengthening our mission to support the refuge,” said Baldwin.

Known for energy and innovation, Miller has overseen the acquisition of several parcels of new refuge lands, and the implementation of more than a dozen new exhibits and initiatives. Innovative projects include the first-ever national wildlife refuge game apps, the iNature trail that uses QR code technology, the SanCap Solar Connect program, the 45/82 legacy society and the popular “Ding” Darling & Doc

Ford’s Tarpon Tournament, among many others.

“We jokingly call her Red Bull because of her fierce energy,” said Westland. “One of her crowning achievements, funny as it may seem, was to see the Learning Lavatories project come to fruition. She has talked about turning our restrooms into award-winning educational exhibits for years, and we are all proud to say she has achieved that goal.”

To accomplish all this, Miller acquired funds through grants, donations and fundraisers, more than doubling the small staff and adding interns.

“Ultimately, we work to raise support for the refuge when government funding falls short,” said Miller.

Miller cites “loyalty to the ‘Ding’ family” as a primary factor in her progress, but her background suggests a life-long commitment to public service and strong belief in the power of philanthropy.

ABWA holds its monthly luncheons and the Women in Leadership Speaker Series at Sundial Beach Resort and Spa, located at 1451 Middle Gulf Drive on Sanibel. Networking starts at 11:30 a.m., with lunch and the guest speaker from noon to 1 p.m. Cost is \$25 per person. RSVP at info@ABWASanibelCaptivea.org or register via Eventbrite at <https://ABWASanibelCaptivea.Eventbrite.com>.

For more information, visit www.ABWASanibelCaptivea.org.*

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by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

A client recently passed away who owned several non-publicly traded, smaller company shares of stock, limited partnership interests and membership interests in LLCs. These are often referred to as closely-held entities. Since the shares are not publicly traded on a stock exchange, they are largely illiquid; that means one can't easily convert the investments into cash. Generally speaking, these types of assets are difficult to deal with when a client becomes incapacitated or dies. The more information you provide to your estate planning attorney while you are alive and well, the

better.

In this particular case, my client never informed anyone at my firm that he owned these shares. We knew nothing about these businesses. We could not locate evidence of the purchase price, exactly how many shares he owned, or even who the primary contact would be to advise the company of our client's death. It took several hours of investigative work, as well as combing through his paper files, to find out much of anything to do with the shares. If the client maintained records electronically, we could not access them as we didn't know which account, username or password we might access.

Further, many closely-held business interests are governed by a shareholder, partnership or operating agreement that restricts the transfer of the shares to another and might establish a specific purchase sequence in the event of the disability or death of the shareholder, partner or member. If there were any such agreements that governed our client's ownership of the assets, he never provided them to us.

To properly report taxes, it's necessary to know the fair market value of the shares as of the client's date of death. This is because the federal (and state level) estate taxes are based upon the date of death fair market value of all assets, including closely held shares. Even if the deceased's estate is not large enough to trigger a federal estate tax, for capital gains reporting purposes it's necessary to know the date of death fair market value of shares so that when they are subsequently sold, the capital gains taxes are minimized.

Each of our estates receives a step-up in tax cost basis equal to the date of death fair market value. Since small businesses and partnerships have no ready market, it's often difficult, if not impossible, to determine the shares' fair market value on any particular shareholder's date of death. Conducting a valuation of the company is expensive. Therefore, most companies won't engage a valuation specialist every time a shareholder dies, unless it's a family business and most of the other shareholders are family members who have a vested interest in the date of death fair market value.

Sometimes the company will provide recent sales transactions as the best estimate of a closely held interest. Those transactions, however, may be several years old and of little use to the estate, particularly where the business' performance has materially increased or decreased from the year of the most recent sale.

If you own closely held business interests, it always makes sense to provide your estate planning attorney a copy of:

The share certificate or other evidence of ownership;

Purchase price and date, including a copy of the purchase agreement (if there was one);

Sales prospectus and closing statements relative to the purchase of the interest;

Articles of Incorporation, bylaws and other relevant corporate documents;

Shareholder, partnership or membership agreements including amendments;

Name and contact information for the company's registered agent;

Correspondence regarding the ownership interest or significant transactions involving the business;

Any valuation reports, no matter how current; and/or

Any other written information that could be of value to your estate.

This, at least, provides a base of knowledge from which your estate can piece together the information that will be necessary in the event of your disability or passing. After all, we want your plan to be up-to-date when you need it most!

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From page 1B

Author Award

award. She said White is one of the nation's most popular thriller writers.

"His audience and reputation only continue to grow, and through him, hundreds of thousands of readers have been introduced to the secrets of Florida's natural wonders and history," said Grinch.

During his career as a writer, White has penned crime fiction novels and adventure tales, cookbooks and travel memoirs. He has written for numerous magazines – including *Outside*, *Men's Journal* and *National Geographic Adventure* – and he co-wrote a television program, *Gift of the Game*. White is a co-founder of Big Brothers in South Florida.

When asked how it felt to be the recipient of such a prestigious honor, White quipped, "I'm not sure I'm old enough to win an award like that."

"I keep expecting somebody to tap me on the shoulder and tell me I'm a fraud," he continued in jest. "It's dumbfounding, but it's also enheartening as well."

The former light-tackle fishing guide who worked out of Tarpon Bay Marina also remarked that he enjoys writing about places he's familiar with here in Southwest Florida.

"Florida is a character in and of itself," said White. "So in my writing, I can go back in time and relive my days as a fishing guide. Imagination is a wonderful thing."

With 25 Doc Ford novels to his credit – and a 26th on the way, with the working title *Salt River* – White is currently planning to release a brand new young adult series of mystery books, under the name *Sharks Incorporated*. The first book, *Fins*, will be published by MacMillan Books in early 2020.

"Doc Ford is going to be in the book, and so is Hannah Smith," he added. "But the book is really about three children who work for Doc... they tag sharks for him."

For additional information, visit www.randywaynewwhite.com.

Arsenault, the John Hope Franklin professor of history at the University of South Florida St. Petersburg (USFSP), has written or edited more than a dozen works on subjects that include the Freedom Riders and a biography about tennis great Arthur Ashe, which is his most recent work. Arsenault, co-founder of the Florida Studies program at USFSP, was nominated by author Peter Golenbock.

This is the 10th year Florida Humanities has presented the Florida Lifetime Achievement Award for Writing. The nine previous recipients are Jeff Klinkenberg, popular Florida storyteller through his newspaper columns and books; Edna Buchanan, legendary *Miami Herald* police reporter and novelist; poet and Florida State University professor David Kirby; Gary Mormino, University of South Florida St. Petersburg professor emeritus, historian and author; Janet Burroway, a Florida State University professor and writer whose work spanned several generations; Enid Shomer, an elegant writer of poetry and fiction; the late Patrick D. Smith, the beloved author of the Florida novel *A Land Remembered*; Carl Hiaasen, a Miami journalist and best-selling novelist who virtually invented the Florida Noir genre; and the late Michael V. Gannon, the eminent Florida historian and University of Florida professor emeritus.

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Life Insurance

Should You Give Up Your Life Insurance?



J. Brendan Ryan, CLU, ChFC, MSFS

Say you are middle age or beyond. Your kids are raised, you have money in the bank and an IRA or brokerage account, and your spouse will be financially secure if you pass away.

So, why keep your life insurance? It has done its job. It provided protection during those critical family-rearing years, and now you just want to get rid of it.

I am sure there are many people who feel this way. And I will address the things that one can do to accomplish that goal.

But first, let's consider the following:

The future is unpredictable, that what might be a large cushion of assets in your accounts today may be the high water mark of your accounts in future years. Securities can be volatile, real estate value unpredictable in response to economic influences, inflation over a period of years can erode the real value of one's assets. Are you sure that your spouse's future will be secure or the legacy you hope to leave your kids and their kids?

Is there a charity that could benefit from your life insurance death benefit? Might you want to take a single-life payout rather than a joint-life payout from your retirement plan and guarantee through life insurance a survivor benefit for your spouse if he or she survives you?

If you have considered all of this and more and still want to get out of your life insurance, there are a few considerations.

Of course, if you own term insurance, you can just not pay the next premium, and the policy will lapse.

If you have a cash-value policy (whole

life or universal life) and, if for whatever reason, there is virtually no cash value remaining in the policy, the same thing applies: Don't pay the premium and, after whatever is left in the cash-value account is consumed by policy charges, the policy will lapse.

It may be possible to adjust your policy to have a lower death benefit that would not require any more premium.

If you are healthy enough to qualify for a new policy, you should consider a tax-free exchange, rolling over the cash value of your present policy to a newer policy that could provide more death benefit for a lower premium or, if you have enough cash value in your present policy already, even no premium at all.

If you do have a balance in the cash value that you would like to take, you can surrender the policy. It will be paid out to you after being reduced by any outstanding loan and a surrender charge, if any, that may still exist. In the end what you have taken out of the policy exceeds what you paid in over the years, the excess will be taxed as ordinary income.

It is now possible to sell your policy to a willing buyer in what is called a "life settlement." In such an arrangement, the insured receives an amount of cash, usually in excess of the remaining cash value. In exchange, the buyer is named owner and beneficiary of the policy, pays future premiums and ultimately collects the death benefit. Typically, the seller must agree that the buyer can later sell the policy to yet another stranger. The seller must also agree to allow medical and other personal information to be released to the potential buyer, perhaps on an ongoing basis, who can usually share it with others when looking to sell the policy.

These options provide a variety of moves, one of which may provide the best choice in a given situation. For appropriate guidance, the insured should talk with his or her agent.

J. Brendan Ryan is a Cincinnati insurance agent. He can be reached at jbryanclu@aol.com.**

From page 18B

Historical Society

seating will be available. To reserve seats, visit www.eventbrite.com/e/what-do-you-know-ii-tickets-49397698847 or call 472-2323.

To end the season, on Monday, April 8, the Captiva premiere of the documentary *Be Our Guest: The History of Lodging on Sanibel & Captiva* will take place at the Captiva Civic Center, located at 11550 Chapin Lane. Doors open at 5:30 p.m., and complimentary refreshments will be served. A cash bar will also be available. The screening will start at 6 p.m.

Admission is free, but seating is limited. For reservations, visit www.eventbrite.com/e/ding-darling-slept-here-tickets-49400276557 or call 472-2323.

Sponsorship of the CIHS 2018-19 season schedule is generously provided by The Sanibel Captiva Trust Company. For additional information, visit www.captivaandhistoricalsociety.org.**

ISLAND SUN BUSINESS NEWSMAKERS

John Gee & Company



Michelle Bornhorst



Bobbie McGlynn

The top producers at John Gee & Company for January were: Michelle Bornhorst, top listing agent; and Bobbie McGlynn, top selling agent.**

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The White House Band photos provided

Island Cotillion Hosts Valentine Dinner Dance

The Island Cotillion conducted its Valentine Dinner Dance at The Sanctuary Golf Club on February 15. Over a 120 members and guests danced to the music of The White House Band.

The Island Cotillion is made up of Sanibel and Captiva residents who enjoy dancing. It holds two formal dinner dances and one informal each year. For more information, call Julie Boyd at 395-0464.*



Hosts from left, Shawn and Laura Shaffer, Richard and Shirley Jewell, and Peter and Jan Halliday



Joanne Livingston and John Boone



From left, Jim Arbuckle, Jan Arbuckle, Rick Shewring and Barbara Beran



Jim and Kathleen Salzman



From left, Sheila and Ernie Hoen with their daughter, Zarah Yerger



Bogi and Ulla von Below



Will and Marjorie Smith



From left, Al Hanser, founder and chairman of The Sanibel Captiva Trust Company, wife Sally Hanser, and Elaine and Tom August, NAMI supporters and Sanibel-Captiva residents photo provided

Trust Company Supports Walk For Mental Health

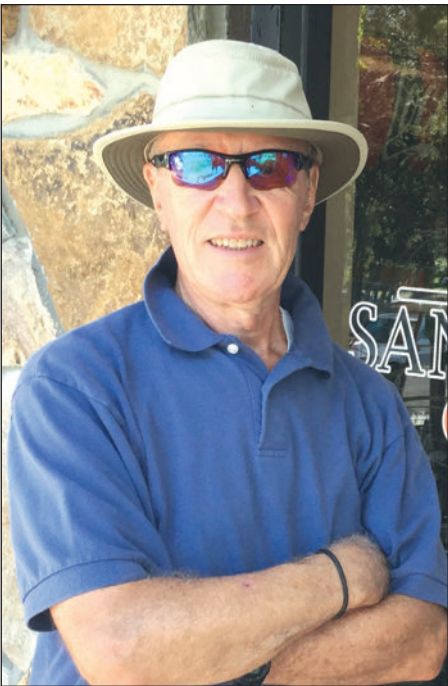
Employees of The Sanibel Captiva Trust Company and the firm's Naples division (The Naples Trust Company) participated in the annual NAMI Walk at Cambier Park on February 16 in Naples. The walk

attracts several hundred participants every year to raise awareness and funds for programs to assist those with mental illness. NAMI (National Association of Mental Illness) has growing chapters in Southwest Florida and throughout the U.S. Mental illness affects one in five people in the country at some point during their lifetime. For more information, visit www.nami.org.

Jordan Marsh Ribbon Cutting Ceremony

The City of Sanibel is holding a ribbon cutting for the Jordan Marsh Water Quality Treatment Park, 790 Casa Ybel Road, on Friday, March 1 at 11 a.m. The ceremony will be hosted by Mayor Kevin Ruane, Vice Mayor Mick Denham and City Councilmembers Chauncey Goss, Jason Maughan and Holly D. Smith. Guests are invited to hike the trails immediately after the ceremony. Parking will be available at Sanibel Community Church, located at 1740 Periwinkle Way. Shuttle service will begin at 10 a.m. Biking, hiking and carpooling are encouraged.

The primary goal of this project is to improve water quality in the Sanibel Slough and to help meet Florida water quality standards. Secondary goals of the project are to enhance existing wildlife habitat on the site, provide recreational opportunities, and educate park visitors on the various Best Management Practices (BMPs) used to improve water quality. The project is being funded in part by the South Florida Water Management District Cooperative Funding Program, Lee County Community Park Impact Fees and city budgeted funds. Jordan Marsh Park is accessible to pedestrians and cyclists; there is no on-site parking.



Mick Denham photo provided

Vice Mayor Shoots His Age

Mick Denham, vice mayor of the City of Sanibel, shot his age during the men's golf league event last week at Sanibel Island Golf Club. Denham's fine play helped his partners, Tom Bolon and Dr. Dick Briggs, to a third place finish. Winners for the day were Don Lewis, Gary Biltgen and Tom Mather.



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Twins' Player Gains Baseball Riches After A Decade's Journey



by Ed Frank

As more than 400 minor leaguers stream into the training facilities here for the Minnesota Twins and the Boston Red Sox with varied nationalities, the one thing they all have in common – a desire to make it to the big leagues. Based on past statistics, less than 10 percent will fulfill their big league dreams.

This is the story of one that did, and he cashed in big time last week.

Max Kepler was born in Germany where his parents were both professional ballet dancers. He grew up playing tennis, skiing, baseball, soccer and swimming. He even earned a scholarship to the Steffi Graf Tennis Foundation in Berlin.

In 2008, he moved to Fort Myers and attended South Fort Myers High School as a junior. The high school is across the street from the Minnesota Twins minor league training facility.

The next year, as a 16-year-old, he was signed by the Twins as an undrafted free agent and began his long journey through the Twins farm system – starting in the Twins rookie Gulf Coast League team. He advanced to the higher Elizabethton rookie team, then Cedar Rapids, played for the Fort Myers Miracle in 2014 and 2015, then Double A Chattanooga, Triple A Rochester and made his Major League debut with the Twins in 2016.

That 10-year journey resulted in a big financial reward for the personable Kepler last week when he signed a five-year contract extension for \$35 million with an option for a sixth year.

Last season, he played in a team-leading 156 games, posting 30 doubles, four triples, 20 home runs, 58 RBI, 80 runs scored and 71 walks. He ranked third in the American League for games played.

This reporter recalls interviewing Kepler that first year he was in the Twins farm

system. Although a German native, he spoke perfect English and was impressive even way back then.

Kepler's story is an inspiration to all youngsters dreaming of big league baseball. During that long journey to reach baseball riches, Kepler admits there were times when he doubted that dream would become a reality. But he never turned back.

Everblades Remain A Solid First-Place Team

The 2018-19 hockey season moves into its final weeks with the Florida Everblades holding a solid first-place lead in the ECHL South Division.

The local hockey team began the week with a season record of 35-12-5 (75 points), 18 points ahead of second-place Orlando.

Florida is on a four-game road trip the next week with games at Jacksonville, two at South Carolina and the fourth at Orlando.

The Everblades return home to Hertz Arena next Saturday, March 1, when they host Orlando for a 6:30 p.m. puck drop.✪



Max Kepler
photo courtesy The Minnesota Twins

Basketball Tournament This Sunday

There will be a Healthy Heart Month 3v3 Basketball Tournament at Sanibel Recreation Center on Sunday, February 24 beginning at noon. This tournament is open to all players

ages 14 years and over. To participate, pick up a registration form at the rec center, complete and return in advance. There is no fee for members; a day pass is required for non-members to participate. Organizers will try to coordinate teams for those who sign up as individuals. For more information, contact Char Durand at char.durand@mysanibel.com or call the Sanibel Recreation Center at 472-0345.✪

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SPORTS QUIZ

1. For which major-league team did Francisco Rodriguez save a record 62 games in 2008?
2. Name the last team before the Minnesota Twins in 2016-17 to go from 100-plus losses in one season to a winning record the next.
3. In 2018, Kansas City's Travis Kelce became the second tight end in NFL history to have three consecutive seasons of 1,000 or more receiving yards. Who was the first to do it?
4. When was the last time before 2018 that the University of North Carolina's men's basketball team lost an NCAA Tournament game in the state of North Carolina?
5. In how many seasons did Chicago's Bobby Hull lead the NHL in goals scored?
6. When was the last time before 2018 that a U.S. athlete won an Olympic medal in cross-country skiing?
7. Name the last time before 2018 that Tiger Woods won a PGA event.

ANSWERS

1. The Los Angeles Angels of Anaheim. 2. The 2008-09 Seattle Mariners. 3. Carolina's Greg Olsen (2014-16). 4. It was against Pennsylvania in 1979. 5. Seven times, with a high of 58 goals in 1968-69. 6. Bill Koch won a silver in the 30 km in 1976. 7. He won the WGC-Bridgestone Invitational in 2013.

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Starting Over With Help From FISH Of SanCap

Being a mom is not an easy task. Being a single mom with a toddler and an infant can have its challenges. Parenting is hard, with or without a partner. You may not always have the choice when it comes to finding yourself suddenly single parenting, but you do have a choice in how you approach your new life.

Donna, a young woman with a 2-year-old and an 8-month-old, realized that, for her husband, the reality of being a father was not as appealing as the dream of being a father. When their two children, 22 months and 6 months old, Donna's husband decided to backpack the world, without his family. The split literally happened overnight, leaving Donna no time to prepare and without a home for her family. Reality hit, and it was hard. Donna had tough choices to make.

"I didn't know what to do or where to go. I only knew that I needed to care for my children and be strong, so I called a friend and stayed with her while searching for a second job," she said. "To be honest, the beginning was one of the most difficult times I can remember. It was a blur of daily panic attacks and crying on my friend's shoulder at night after my children were asleep."

"When my life suddenly changed,

I was devastated. After a few weeks, though, I realized it was okay to ask for help.” Donna was introduced to FISH of SanCap by a friend of a friend, and she made an appointment to talk with case manager Nitza Lopez to discuss assistance. Immediately, Donna joined the Food Pantry Program to defray food costs and signed up for SNAP. She was introduced to additional employment opportunities and learned of the youth scholarship program that could assist with preschool tuition for her 2-year-old.

"I admit, I was frightened. I never imagined leaving my baby with a friend while I worked, and sending my toddler to full-time daycare," added Donna, who pushed through her fear, began her second job and enrolled her daughter in daycare. She has since reported that her toddler is very happy at daycare, loves her teachers, and is doing well.

"I cried like a baby the day I dropped her off for the first time," said Donna. "But I'm so thankful to be able to work to take care of her and her brother. I couldn't have done it without (FISH's) help. I can't say thank you enough. I'm forever grateful."

Donna is currently seeking housing for her family and hopes to remain on or close to Sanibel. She has hired a full-time babysitter for her young son, and her daughter continues to thrive in daycare. In the future, Donna's hope is to advance in her employment so that she can work just one job, allowing her to spend more quality time with her children.

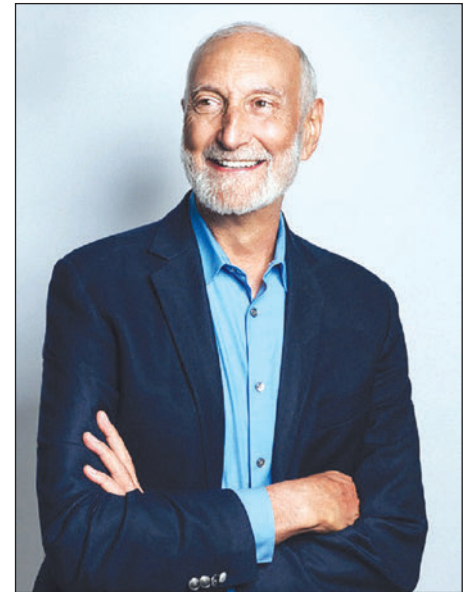
"If I had to go back in time, I wouldn't do anything different," Donna said. "Single parenting made me a stronger, better mother. It made me make hard choices and has put me on

Speaker To Address Medical Breakthroughs

Shell Point continues its 4th Annual Medical Breakthroughs & Discoveries series with a presentation by internationally recognized author and speaker Dr. Michael Klaper at the Village Church auditorium at Shell Point on Thursday, February 28 at 2 p.m. This educational health care presentation, entitled Nutrition Meets Modern Medicine: The Key to Reversing Chronic Disease, is free and open to the public. To register, call 433-7936.

During this free presentation, attendees will explore the role of eating healthy foods in reversing diabetes, high blood pressure, clogged arteries and other chronic diseases. Klaper will also share practical examples for healthy shopping, food preparation and restaurant dining.

Klaper is a graduate of the University of Illinois College of Medicine in Chicago and has received postgraduate training in internal medicine, surgery, anesthesiology and orthopedics at University of British Columbia's teaching hospitals in Vancouver.



Michael Klaper

photo provided

Additionally, Klaper served as nutrition advisor to NASA's programs for space colonists on the moon and Mars, as well as on the Nutrition Task Force of the American Medical Students Association.

The Village Church at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. To learn more, visit www.legacysHELLpoint.org.✧

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Superior Interiors

Principles Of Design



by Trinette Nelson

The ABCs of good interior decorating include five basic principles of design: harmony, proportion, balance, rhythm and emphasis. Before tackling any decorating project, it helps to understand these five elements before moving forward.

Harmony is the eye-appealing arrangement of parts to form a consistent, satisfying whole. For instance, a rustic, ladder-back chair may look completely out of harmony placed next to the classic elegance of a Georgian console. As a rule of thumb, formal design works best with other pieces of formal design, just as country pieces mix well with other provincial pieces. However, today's style invites a more eclectic mix of furniture, so be careful not to confuse harmony with monotony.

The second principle, proportion, relates to composition and size. A room with good proportions will consist of width, length and ceiling height in pleasing ratio to each other, as well as to the windows, doors and any other architectural aspects. Good proportion

also applies to well-designed furniture. Variety in dimensions attracts the eye, while more interesting than a square. Proportion is extremely important in decorating, from the complicated art of window treatment design to the size of the wall décor and tabletop accessories.

Another important aspect in decorating is balance. This is the art of keeping two parts in a state of equality. There are two types of balance: symmetrical (formal) and asymmetrical (informal). An example of formal balance is two identical end tables flanking a sofa, creating a sense of formal order. Informal balance is achieved by creating a sense or illusion of balance using two design elements that are not identical. Bright colors seem to "weigh" more than soft pastels, and irregular shapes take on more weight than regular shapes. All of these elements are part of the balance of a room.

Rhythm is the fourth important design principle, and it is basically a measure of motion. Just as music develops rhythm through a repetition of beats, decorating can develop its rhythm through recurring patterns or colors. When a design, line, or color is repeated, the eye is carried along as interest mounts.

Last, but certainly not least, every beautiful interior has a focal point – a special quality that makes that room unique. If a room doesn't have an architectural focal point, emphasis must be created, often with a fantastic piece of furniture or art. A room without a focal point can get boring quickly.

These basics of interior decorating – harmony, proportion, balance, rhythm,

and emphasis – are the building blocks of a well-designed room. A pleasing design is a combination of principles that require very thoughtful planning.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindceden.com.✽

Doctor and Dietician
Brain Drain



by Ross Hauser, MD
and Marion Hauser, MS, RD

Bad habits take a toll on our brain. Are you getting enough sleep, for example? Lack of sleep increases the risk of dementia. Make good sleep a priority and aim for 7 to 9 hours. Avoid the things that get in the way, like caffeine and electronics too close to bedtime. It also helps to get to bed and wake up at the same time every day.

Is fast food your go-to for most meals? Fast food boosts mental decline, while fresh foods like berries, whole grains,

nuts and green leafy vegetables, preserve brain function and slow mental decline. But don't overeat. If you overeat, even the right kind of food, your brain has a tougher time building the strong network of connections it needs to help you think and remember.

A lack of regular exercise increases your risk of dementia right along with the higher chances of diabetes, high blood pressure and heart disease. Grab a partner and take a walk at least three days a week. And if you're still smoking, stop. Beside all of the other health problems smoking causes, it also shrinks your brain.

We've talked before about the importance of meaningful connections as a proven factor in living longer. Humans are wired to have a real sense of connection. Strong connections make people happier and more productive. People with meaningful connections are also less likely to suffer from brain decline and Alzheimer's. Take a new class, join a book club, attend a trivia night, sing in a choir, or participate in other group activity that brings you joy. You'll meet new people and challenge yourself too, while stimulating different areas of the brain. Eat right, sleep well, engage in social activities and remain physically active to keep brain drain at bay.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✽



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dearRPharmacist

Diet Drinks May Increase Stroke And Disability



by Suzy Cohen, RPh

Dear Readers: We are so attached to our food and drink that it pains me when I have to take something away from you. But this is an old story for me. I have never ever recommended

artificially sweetened sodas or “diet” anything. To me, that whole industry is a multi-billion dollar campaign effort to get you to drink and eat things that aren’t, by definition, food anymore. The entire industry depends on the illusion of you thinking that diet drinks are healthy.

The latest research is frightening. It’s based upon data collected over 12 years and suggests that consuming just 5 diet drinks (sodas, juices, other) correlates to a much higher risk of stroke and heart disease and, in fact, a dramatically higher risk of dying early from any cause. This data was extrapolated from a study on people over age 50, who did not have other major health problems. They were essentially well, but after drinking artificially sweetened drinks for 12 years, a lot of them had a stroke.

What’s wrong with water? Water does not come with the risk that one day someone will have to change your adult diapers. Water makes sense, yet some health practitioners recommend “diet” beverages as a way to cut calories, support weight loss or improve health status. Very sad.

The study that I’ve been referring to is entitled Artificially Sweetened Beverages and Stroke, Coronary Heart

Disease, and All-Cause Mortality in the Women’s Health Initiative.

The study finds your risk for a hemorrhagic stroke is dramatically higher if you drink a lot of diet sodas. No particular brand is the problem, it’s the artificial chemicals inside of these drinks. It’s egregious that these things are not only allowed to be sold, no less pitched to you as some healthy alternative. So it’s really up to you to know better.

The newest research was published in a journal called *Stroke*. Over 80,000 women were studied, most between the ages of 55 and 79. Drinking a couple of diet drinks each day (335 ml – the amount in a typical can of soda) increases your risk for stroke by 23 percent compared to women who drink less than one per week.

Every 40 seconds, someone in the US has a stroke. If survived, a stroke can leave one paralyzed and sometimes in need of nursing home care or bed-ridden. Other post-TIA or stroke disabilities include confusion, inability to speak or understand language, poor memory, difficulty swallowing food (requiring a feeding tube) or blindness and/or hearing loss.

Other factors that further raise your risk include being overweight, sedentary, nutritionally deficient in essential nutrients or fatty acids that support brain health and, of course, your genes. Impending signs include sudden eyesight loss or visual changes, slurring, inability to speak or understand, tingling and balance problems.

For more information, visit my website and use my search box. You can also sign up for my newsletter at www.suzycohen.com to get more free health advice to your inbox each week.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am 35 years old, and I still don’t know what my purpose is. I go to an unfulfilled job, and I feel stuck. How can I find my purpose?

A: Finding meaning and purpose in this sometimes difficult life can be challenging for many. One thing I like to remind my clients is that we all have various meanings and purposes in life.

Some examples of this would be, being a good friend, family member, owner of a pet, caring for an elderly family member, being a good listener to others. As Mother Theresa said, it’s the small acts of love and kindness that are so empowering. What is most important is that we bring our best to everything we do. You say you are in an unfulfilled job. Perhaps ask yourself if you have a passion; what do you like to do? It’s crucial that you do what you love and love what you do, not what you think you should be doing.

One career choice is no better than another as long as it’s what you love. If you don’t know, you may want to take an inventory such as the

Strong-Campbell Interest Inventory to give you some suggestions as to what interests show up for you.

Consulting your intuition will help you find the path that is right for you. Allow your intuition to lead you to your own brilliance that you have within. Stay true to yourself and listen to your heart, not your head. You will find your passion that perhaps you never knew you had. Don’t be afraid to take risks because without risk, one cannot grow. With taking risks, you are bound to feel more open, energized and feel better about the adventures that lie ahead. Also, shift your mind-set and focus on all you do have as opposed to what you don’t. Be grateful and give to others what you most desire within yourself. No need to obsess and compare yourself to others. When your heart is in the right place, you will become exactly what you want to be. While you may have heard the saying, “fake it till you make it,” and have the right intention, you will manifest more than you can even imagine. Give yourself praise for all those baby steps you may take to achieve your wholeness and sense of balance. With this, you will find your true purpose.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.✱

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“Will Power” Columnist, *The Island Sun*



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PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

**Cadbury
And Bubbles**



Cadbury ID# A768440

Tired of the spending time alone at the beach or park? Want a handsome, loyal companion by your side? Well, look no further. Hello, my name is Cadbury. You can't find a guy more loyal than me. I am a 1-year-old male labrador retriever mix who will take those long walks on the beach with you or play fetch at any of the great dog friendly parks. My mid-sized frame is great for any home and family. I love to play with my friends – especially in the kiddie pools.

My adoption fee is \$14.
Hi, I'm Bubbles. I am adorable but a bit shy when you first meet me. I just need the time to blossom into my true self like I have at the shelter once I became acclimated. I am a 7-month-old female domestic shorthair who is a sweet soul that loves treats and will quickly learn to trust you if



Bubbles ID# A766331

you have just the right one with you. Are you my perfect companion that I am waiting for?

My adoption fee is \$14.
Puppy love is in the air at Lee County Domestic Animal Services. Plenty of "smitten kittens" and "devoted doggies" are available to adopt as furry valentines this year instead of the traditional roses and chocolates. From February 1 through 28, all adoptions will cost \$14 with an approved application.

The reduced adoption fee includes the complete package of services: sterilization, age appropriate vaccinations, county license, microchip ID, de-worming, flea treatment, a heartworm test for dogs, feline AIDS and leukemia test for cats, and a 10-day health guarantee. The adoption package is valued at more than \$500.
*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov.com/animalservices or call 533-7387.**

Haven on Earth Animal League

Lily And Sylvia



Lily

Hi, I'm Lily! I'm a beautiful 2-year-old female tabby with a white bib. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100. Come see me at Petco in Gulf Coast Town Center.

Hello, I'm Sylvia. Aren't I just adorable? I'm



Sylvia

only 6 months old and a very sweet little girl. I'm currently staying with a foster family and would really like a home to call my own! My adoption fee is \$100 which includes vaccines and spaying.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.*

PUZZLES

Answers on page 37B

Super Crossword

BANDS TOGETHER

ACROSS

1 Not meant to be heard by the audience, in a way

8 Blend in

13 Maker of stringed instruments

20 Author Huffington

21 Nary a soul

22 In a group

23 Give a nonnative a smooch?

25 Causes of sudden fear

26 Env. alerter

27 Small drink

28 Make up for

29 Defeat Dorothy's dog decisively?

34 Trip to an underworld river?

39 Singer Buddy

40 Egg

42 Stools, say

43 Actress Mendes

44 Certain Siouan

45 "The Jerk" actor M. — Walsh

47 "Well well!"

48 Use a pool

49 Specialty of Windy City bakeries?

52 Uses Dixie diction

54 Door turner

55 Expire, as a subscription

59 Ballpark fig.

60 New princess of '81

63 One who doesn't succumb to a potent toxin?

68 Clean energy org.

69 Bombard with e-junk

71 "Zip- — -Doo-Dah"

72 Hard wood

73 Glorious state of bliss?

79 Military units

82 Prefix with hazard

83 Achieve

84 Obi-Wan Kenobi, e.g.

85 Rob

88 Desert haven mentioned in the first book of the Bible?

94 Guitars' kin, for short

95 Actor Rob

99 Bits of matter

100 Car for a VIP

101 Mr., in India

102 Have a cow, with "out"

103 Ltr. insert

104 Arrangement

105 Ruler of the Sunflower State?

108 Palpitation?

111 Menu fish

112 Audiotapes' successors

114 Cato's 1,052

115 Main female character

118 Stuff hauled by Beantown trash collectors?

124 Not ceasing

125 Homer work

126 St.- — (capital of Loire)

127 Mice and whales, e.g.

128 "The Rose" singer Midler

129 Plunder

21 Moms

22 Notoriety

23 Noted berry

24 farm founder

25 Turn a deaf — (ignore)

26 Musical artist DiFranco

27 Barking pets

28 Doctrine that reality is one organic whole

29 Ham-handed

30 Gen —

31 Certain boxing punch

32 Not firmly implanted

33 Pre-liftoff term

34 Jenna Bush —

35 "Kinda" suffix

36 Ballpark fig.

37 Scale notes

38 Lay to rest

39 Skating leap

40 Ice cream flavor, briefly

41 Writer Philip

42 H.G. Wells race

43 Smart- — (cocky)

44 At an end

45 Fashion inits.

46 Synthpop artist, say

47 Sinister

48 They may be candied

49 Wombs

50 Self-conceit

51 Unruly crowd

52 Social Security fig., e.g.

53 Delhi dress

54 Not only that

55 Vienna loc.

56 Crank (up)

57 — upswing

58 Meat stamp letters

59 Wk. day

60 The, in Paris

61 "The Simpsons" store clerk

62 Work at as a dilettante

63 Breathe hard

64 Leave out

65 Intermission

66 Bullfight cry

67 Apt. units

68 Stew veggie

69 Eye covers

70 Bettor's note

71 Tatty clothes

72 Strive (for)

73 U.N.'s Kofi

74 Hubbub

75 Call placer

76 Actor Parsons

77 Corn cover

78 Stew veggie

79 Part of PIN

80 Carve

81 Sombre

82 In — (as found)

83 Don of radio

84 Last year's frosh

85 "Part II" films

86 Tightly strung

87 Squeak (out)

88 Cereal meal

89 Breaks up

90 Add to the batter, say

91 Charge at

92 School, in Nice

93 Writer Horatio

94 Calf catcher

95 ESPN datum

96 — and haw

97 Greek vowel

98 Dream-time acronym

99 Baby's wear

100 Lyric tribute

101 Wanna- — (aspirants)

102 Santa — (hot wind)

103 Big health supplement chain, familiarly

104 "I see mice!"

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19

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King Crossword

ACROSS

1 Departed

5 Id counterpart

8 Unclear view

12 Hebrew month

13 High-arc shot

14 Leak slowly

15 Wrinkly fruit

16 Biden, Cheney, etc.

17 Earth

18 Flood

20 Diner employee

22 Brains of the operation

26 Missteps

29 Individual

30 Neither mate

31 Apiece

32 Tin Man's prop

33 Old portico

34 Rd.

35 Nintendo console

36 Lost in reverie

37 Visa rival

40 Retain

41 Handy

45 Rivers or Collins

47 Make a choice

49 Oxen's onus

50 Doing

51 Pi follower

52 English river

10 Submachine gun

11 Kin (Abbr.)

19 Petrol

21 Raw rock

23 Poisonous

24 Midday

25 Small wagon

26 Line of fashion?

27 Volcanic outflow

28 Emulate Johnny Weir

32 Logan or LAX

33 Fizzy drink

35 Teensy

36 " — Doubtfire"

38 Barbershop quartet member

39 Cars

42 Sad

43 Misplace

44 Basin accessory

45 "Oklahoma!" baddie

46 Unclose, in verse

48 — Beta Kappa

DOWN

1 Praise highly

2 Lip

3 Autumn

4 Win

5 Pole staff?

6 Republicans

7 X-rated

8 — buddy (close pal)

9 Investigate

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B Y T W T E R P M K T I F D B

Y W U I N M D S M Q N O M K I

F D A N S O B Z X O U W U S Q

O N U K U R A C N W O T L G Y

J T E G S I E H F O C R R D R

C A L M G A Y V Z W V E D T A

S A Q P O L R K I C E N T E R

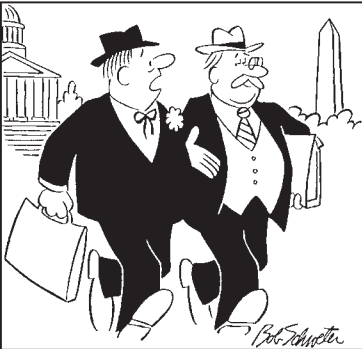
S N L K L H R B I N H T O M B

F E C B Z A Y W E V U U S R I

Q P N M P L S I O N I L L I L

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Bedroom
Center
County
Green
- Home
Illinois
Library
Logs
- Memorial
Nebraska
Park Zoo
Tomb
- Town Car
Tunnel
University



"The first thing we have to do in our fight against high prices is to vote ourselves a _____."

answer on page 39B

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Wary
TRALE _ _ _ _ _
Ardor
LAZE _ _ _ _ _
Strive
PRAISE _ _ _ _ _
Layer
RITE _ _ _ _ _

TODAY'S WORD

		8	2				1	
	1				4			3
9				5		6		7
		4		8		7		
1	2				9		3	
3			7					6
	5			3				9
4			9	2		1		
		6			7		5	

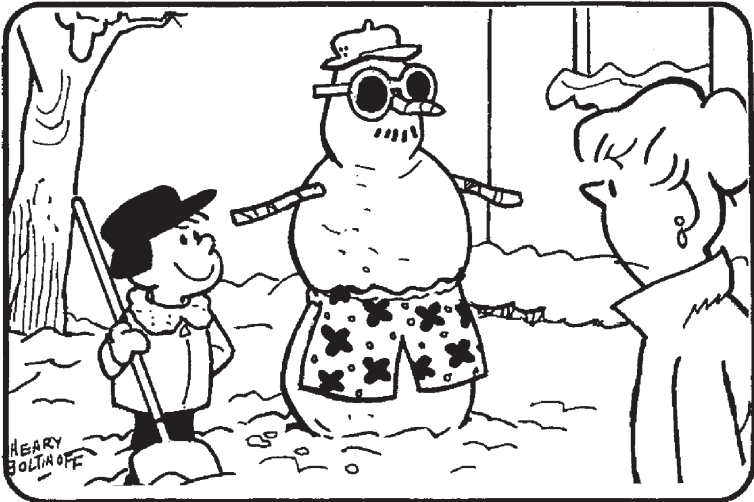
SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

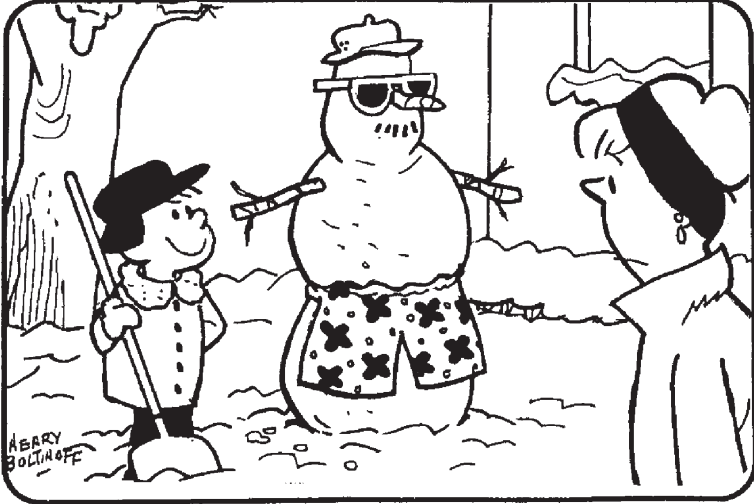
answer on page 37B

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Woman has headband. 2. Sunglasses are different. 3. Boy's shirt has buttons. 4. Tree is wider. 5. Showman's "arms" are different. 6. Boy is taller.

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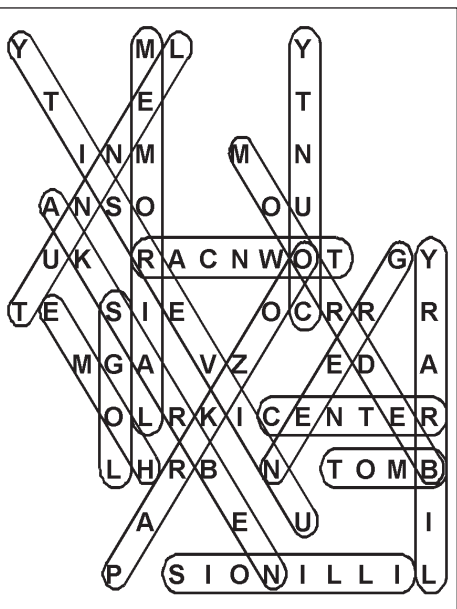
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SUDOKU

6	4	8	2	7	3	9	1	5
7	1	5	6	9	4	2	8	3
9	3	2	1	5	8	6	4	7
5	6	4	3	8	2	7	9	1
1	2	7	5	6	9	8	3	4
3	8	9	7	4	1	5	2	6
2	5	1	8	3	6	4	7	9
4	7	3	9	2	5	1	6	8
8	9	6	4	1	7	3	5	2

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<http://www.narconon-suncoast.org/blog/fentanyl-what-you-need-to-know.html>
ADDITION SCREENINGS
Narconon can help you take steps to
overcome addiction in your family.
Call today for free screenings or referrals.
1-888-824-1621
9/28 ★ TFN

HELP WANTED

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front
End Associates Needed. Looking for
energetic, personable, and fun
individuals, with open availability
Monday through Sunday.
If interested call and ask for
John, Norm Sarah 472-9300.
1700 Periwinkle Way
5/6 ★ TFN

RECEPTIONIST NEEDED

Saturdays 9 a.m. to 5 p.m. and some
holidays at Island real estate office. Fun
Atmosphere. \$15 per hour. Send resume to
dbarr@viprealty.com or call Diane Barr at
472-5187 ext. 244
2/15 ★ 2/22

GARAGE SALES

ANNUAL YARD SALE

Children's Education Center of the Islands
Saturday, February 23 from
8 a.m. to 12 p.m.
Multi-family sale, children's and adult's
clothing, toys, bicycles, books, furniture,
baby gear and goodies for grown-ups.
350 Casa Ybel Road on Sanibel.
All proceeds benefit the preschool.
2/22 ★ 2/22

MULTI YARD SALES

Lots and Lots of GREAT stuff. Housewares,
tools, clothing, jewelry, toys, new items, &
much more. Don't Miss it! Friday Mar.1 &
Saturday Mar.2, 8:30-2:00. 1694 Bunting
Lane, Sanibel (in Gumbo Limbo)
2/22 ★ 3/1

GARAGE SALE

Tools, Paint Sprayer, Furniture, Canoe,
Many Collectables.
705 Rabbit Road, Sanibel
A.M. only, Fri. 2/22 and Sat. 2/23
2/22 ★ 2/22



My Stars ★★★★★

FOR WEEK OF FEBRUARY 25, 2019

Aries (March 21 to April 19) Try to say as little as possible about the work you're doing through the end of the month. Then you can make your announcement and accept your well-deserved plaudits.

Taurus (April 20 to May 20) You face a more difficult challenge than you expected. But with that strong Taurean determination, you should be able to deal with it successfully by week's end.

Gemini (May 21 to June 20) Before you act on your "feelings" about that upcoming decision, it might be wise to do a little fact-checking first. You could be very much surprised by what you don't find.

Cancer (June 21 to July 22) A recent workplace success can open some doors that were previously closed to you. On a personal level, expect to receive some important news from a longtime friend and colleague.

Leo (July 23 to August 22) Put your wounded pride aside and do what you must to heal that misunderstanding before it takes a potentially irreversible turn and leaves you regretting the loss of a good friend.

Virgo (August 23 to September 22) One way to kick a less-than-active social life into high gear or rebuild an outdated contacts list is to throw one of your well-organized get-togethers for friends and associates.

Libra (September 23 to October 22) Getting out of an obligation you didn't really want to take on can be tricky. An honest explanation of the circumstances can help. Next time, pay more attention to your usually keen instincts.

Scorpio (October 23 to November 21) Use your Scorpion logic to push for a no-nonsense approach to a perplexing situation. This could help keep present and potential problems from creating more confusion.

Sagittarius (November 22 to December 21) A friend's problem might take more time than you want to give. But staying with it once again proves the depth of your Sagittarian friendship and loyalty.

Capricorn (December 22 to January 19) The Sea Goat can benefit from an extra dose of self-confidence to unsettle your detractors, giving you the advantage of putting on a strong presentation of your position.

Aquarius (January 20 to February 18) You might want to ask a friend or relative for advice on an ongoing personal matter. But be careful not to give away information you might later wish you had kept secret.

Pisces (February 19 to March 20) Use the weekend for a creativity break to help restore your spiritual energy. Once that's done, you'll be back and more than ready to tackle whatever challenge you need to face.

Born This Week: You get great joy out of creating beautiful things and sharing them with others who appreciate them.

STRANGE BUT TRUE

- It was British Prime Minister Winston Churchill who made the following sage observation: "All the great things are simple, and many can be expressed in a single word: freedom, justice, honor, duty, mercy, hope."
- In Washington state it once was illegal to carry a concealed weapon that was more than 6 feet in length.
- Dominique Bouhours, a Frenchman who lived in the 17th century, was a priest, an essayist and a grammarian. The love of language may have been closest to his heart,

though; it's been reported that the final words he uttered on his deathbed were, "I am about to – or I am going to – die; either expression is used."

- You might be surprised to learn that Italians spend more time on social media than people of any other nationality.
- England's virgin queen, Elizabeth I, went bald at the age of 29. Smallpox was the culprit.
- According to a survey by the National Association of Convenience Stores, 11 percent of adult Americans have at some point in their lives worked at a convenience store or gas station. For 3 percent of adults, that was their first job.
- Those who study such things claim that to get a truly random mix in a deck of playing cards, the deck must be shuffled seven times.
- Chocolate lovers like myself may not believe it, but the most popular flavor of ice cream in the United States is actually vanilla.

Chocolate comes in second place.
• In 1875, a locust plague of epic proportions descended upon the Great Plains. Observers say it was 110 miles wide, and at 1,800 miles long, stretched from Canada all the way down to Texas.

THOUGHT FOR THE DAY

"We may not imagine how our lives could be more frustrating and complex – but Congress can." – Cullen Hightower

SCRAMBLERS

1. Alert; 2. Zeal;
3. Aspire; 4. Tier
Today's Word
RAISE

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Southport On The Bay	Bonita Springs	2010	4,206	\$2,295,000	\$2,050,000	152
Savona	Cape Coral	2015	3,150	\$1,598,000	\$1,412,000	82
Volterra	Miromar Lakes	2006	3,091	\$1,350,000	\$1,025,000	325
Cape Harbour	Cape Coral	1999	3,199	\$1,095,000	\$965,000	25
Devonwood	Fort Myers	2006	3,507	\$899,000	\$899,000	3
Fairview Isles	Fort Myers Beach	1972	1,800	\$869,000	\$838,000	27
Briarcliff	Fort Myers	1999	4,432	\$855,000	\$815,000	162
Riverside	Fort Myers	1951	3,199	\$835,000	\$795,000	143
Brendan Cove	Bonita Springs	2018	3,087	\$799,000	\$795,000	301
Wildcat Run	Estero	2005	3,223	\$745,000	\$725,000	103



6477 SANIBEL CAPTIVA RD., SANIBEL
• Last Home before Blind Pass
• Next to the Mad Hatter Restaurant
\$5,299,999 **MLS 219000116**
John Stephens 239.980.6394



15631 CAPTIVA DR., CAPTIVA
• Old Captiva Restored Luxury
• 4/5 BR w/Separate Guest Suites
\$3,695,000 **MLS 217066831**
McMurray & Nette 239.850.7888



1246 & 1250 SEAGRAPE LN., SANIBEL
• Last Large Underdeveloped Bayfront Estate
• Located on Sanibel's East End
\$2,995,000 **MLS 217004453**
McMurray & Nette 239.850.7888



2611 W. GULF DR. #C102, SANIBEL
• Remodeled w/Designer Finishes
• Direct Gulf, 3 BR, 2 BA, Granite Kitchen
\$1,624,900 **MLS 218078824**
Jason Lomano, Lomano-Nicholson Team 239.470.8628



9027 MOCKINGBIRD DR., SANIBEL
• Lake View, Gorgeous Sunsets
• 4 Bedrooms, 3 Bathrooms
\$829,000 **MLS 218050671**
Jamie Gates 239.910.2778



7146 S. BRENTWOOD RD., FORT MYERS
• Huge 1.62 Acre Lot
• Over 3,400 S.F.
\$624,000 **MLS 219010965**
Sean Radigan 239.841.0260

22

YEARS OF

EXCELLENCE

Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

North Carolina Locations: Cashiers, Highlands and Sapphire Valley/Lake Toxaway

RoyalShellRealEstate.com | RoyalShell.com
239.314.3640



11523 ANDY ROSSE LN., CAPTIVA
• Steps to the Beach
• 5 BR, 5.5 BA, Pool & Spa
\$2,499,000 **MLS 218055240**
McMurray & Nette 239.281.4435



1243 SAND CASTLE RD., SANIBEL
• Radiant 4 BR, 4 BA, Pool & Fireplaces
• Indoor/Outdoor Living for Entertaining
\$1,150,000 **MLS 218084313**
Maureen Ahmed 239.839.7250



566 BOULDER DR., SANIBEL
• Updated 3 BR, 2 BA, Near Beach
• Spectacular Pool, Lake Views
\$799,000 **MLS 219002114**
Sharon Kottraba, Lomano-Nicholson Team 804.240.3115



1501 MIDDLE GULF DR. #J101, SANIBEL
• 1st Floor, 1 Bedroom, 1 Bath
• Direct Walk-Out to Beach & Pool
\$449,000 **MLS 218078744**
John Nicholson, Lomano-Nicholson Team 239.849.3250



11544 WIGHTMAN LN., CAPTIVA
• 1 Property from Beach, Partial Gulf Views
• Spacious 2 Story, 4 BR, 4.5 BA Home
\$2,395,000 **MLS 219004141**
Vicki Panico & Fred Newman 239.980.0088



1230 PAR VIEW DR., SANIBEL
• 4 BR, 2.5 BA, Completely Remodeled
• Gourmet Kitchen, Expansive Great Room
\$1,095,000 **MLS 219000518**
Cindy Sitton 239.810.4772



1217 PAR VIEW DR., SANIBEL
• Spacious 3 BR, 3 BA w/17th Green Views
• Coveted Southern Exposure, Heated Pool
\$779,000 **MLS 218082753**
Cindy Sitton 239.810.4772



1501 MIDDLE GULF DR. #D204, SANIBEL
• Cozy 1 BR w/Views to Gulf
• Steps to Beach, Pool & Resort Activities
\$419,900 **MLS 219010064**
Vicki Panico & Fred Newman 239.980.0088



3869 WEST GULF DR., SANIBEL
• 1 of 3 Lots Available, 104'+ Beachfront
• Incredible Opportunity, Ideal Location
\$3,895,000 **MLS 218085212**
McMurray & Nette 239.850.7888



16531 CAPTIVA DR., CAPTIVA
• Step Back in Time to "Old Captiva"
• Multiple Dwellings & Parcels w/Beach Access
\$3,450,000 **MLS 217043275**
McMurray & Nette 239.281.4435



228 VIOLET DR., SANIBEL
• Near Beach Masterpiece, 4,000+/- S.F.
• 4 BR, Pool, Remodeled to Finest Standards
\$1,949,000 **MLS 219009841**
Jason Lomano, Lomano-Nicholson Team 239.470.8628



5659 SANIBEL-CAPTIVA RD., SANIBEL
• Beach House w/Sunset Vistas
• Waterfront 2 BR, 2 BA, Loft/Den
\$949,000 **MLS 219010968**
Bob Radigan 239.691.6240



2737 WEST GULF DR. #132, SANIBEL
• Remodeled Top Floor, 2 BR, 2 BA
• Vaulted Ceilings, Large Open Kitchen
\$724,900 **MLS 219001994**
Jason Lomano, Lomano-Nicholson Team 239.470.8628



2933 WULFERT RD., SANIBEL
• Prime Western Exposure Location
• Beautiful Sunset, Fairway & Lake Views
\$379,000 **MLS 218073478**
McMurray & Nette 239.281.4435